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THE VOXAIR

Our Military Community Newspaper, 17 Wing Winnipeg

June 15, 2011

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FREE

Chinthes to the rescue in Northern Saskatchewan



Evacuees from Wollaston Lake and Hatchet Lake First Nation board a CH-146 Griffon helicopter for the short flight to Points North enroute to Saskatoon. See page 2 for more. Photo: Cst Michael Legge, Wollaston Lake RCMP

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Chinthes Lead the Way in Northern Saskatchewan

Capt Jeff Noel
Wing Public Affairs Officer

"This was a very high risk situation, very dynamic and posed serious threat," said Duane McKay, the Province of Saskatchewan's Fire Commissioner and Director of Emergency Response.

Although 240 people were airlifted to safety by a small armada of light private and government aircraft the day before, when smoke at the Wollaston airport hampered efforts to remove the remaining residents the Government of Saskatchewan on Wednesday, 1 June, requested military assistance to evacuate the residents of Wollaston Lake and Hatchet Lake First Nation trying to escape a massive forest fire.

Shortly after receiving authorization, Lieutenant-General Walter Semianiw, Commander Canada Command (CANCOM), quickly deployed four CC-130 Hercules aircraft and four CH-146 Griffon helicopters, as well as their crews and support personnel in response to the threat to life emergency.

The Griffons augmented local charter planes, a Saskatchewan government plane, a Transport Canada helicopter, and an RCMP Twin Otter from Manitoba involved in ferrying evacuees from Wollaston Lake airport to Points North Landing, an airport some 80 kilometres away not threatened by fire.

Among those deployed by CANCOM were a CC-130 Hercules and crew from 435 'Chinthe' Squadron based at 17 Wing Winnipeg which was the first Hercules to arrive

at Points North Landing.

"At Points North the people seemed tired for the most part," said Capt Chris Jacobson, a pilot with 435 and co-pilot on this mission. "I think a lot of them had been up for a lot of hours but they seemed very thankful, grateful, and in generally good spirits."

In Saskatoon evacuation facilities supplied with beds, blankets and other essentials by the Public Health Agency of Canada had been set-up for the evacuees following their 90-minute flight from Points North.

"The men and women of the Canadian Forces are committed to assisting Canadians wherever and whenever disaster strikes," said Defence Minister Peter McKay. "I'm proud that the people of Wollaston Lake and Hatchet Lake were evacuated in a timely and safe manner thanks to the quick actions of the Canadian Forces."

When the mission concluded on Thursday, 2 June, the 435 Hercules and crew had ferried to safety in Saskatoon 206 of the 540 residents evacuated by the Air Force, an impressive 38 percent.

"We're very grateful for the Canadian Forces assistance; we would not have been able to do this overnight without them," said Duane McKay.

For more information about 435 Squadron please visit <http://www.airforce.forces.gc.ca/17w-17e/sqns-escs/page-eng.asp?id=412>

For more information about 17 Wing Winnipeg please visit <http://www.airforce.forces.gc.ca/17w-17e/index-eng.asp>



Sgt Randy McOrmond, 435 Sqn search and rescue technician, assists a resident of the Wollaston Lake and Hatchet Lake area into a CC-130 Hercules at Points North Landing, Sask. Photo: Sgt Daren Kraus



MWO Frank Soos, a Flight Engineer from 435 Sqn (foreground) and Capt Michael Leduchowski, aircraft commander (background), go through start-up checks before leaving Points North, Sask. Photo: Sgt Darren Kraus

Correction



In our June 1st edition of the paper we incorrectly identified the 402 Squadron Pipes and Drums Band as the Air Command Band. We would like to apologize to the 402 Squadron Band for this mistake and we will strive to be more accurate in the future.

VOXAIR

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17 Wing opens its doors for OP LUSTRE personnel



The parade square at 17 Wing Winnipeg is turned into a military vehicle parking lot during OP LUSTRE. Photo: Sgt Bill McLeod

Sgt Bill McLeod
Wing Public Affairs Photojournalist

Parking lot tent cities, gyms full of cots and troops showering, and green standard military pattern vehicles became normal sights at 17 Wing Winnipeg while it served as the principal operational/logistical support base for Canadian Forces (CF) operating in Manitoba for Operation Lustre.

OP LUSTRE was the Forces' joint response led by Canada Command and conducted through Joint Task Force West (JTFW) to the flooding on the Assiniboine River in southern Manitoba. This domestic humanitarian relief mission incorpo-

rated Army, Navy, Air Force, and Reserve Force assets to deliver much needed assistance to communities affected by these floods.

17 Wing served as the headquarters for JTFW and Land Forces Western Area (LFWA) command elements, provided accommodations for 750 deployed CF personnel and was the main operating base for the CF aircraft assigned to assist in flood relief operations. The aircraft included 5 CH-146 Griffon utility helicopters from 408 Squadron in Edmonton AB, 1 CH-146 Griffon Search and Rescue helicopter from 424 Squadron in Trenton ON, and 1 CP-140 Aurora Maritime Surveillance aircraft from 407 Squadron based at Comox BC.

On a Wing level this meant that some base functions radically increased their hours and level of support to meet the needs of a large fielded force.

One of the major needs was nourishment to keep the operation fuelled. The Combined Mess at the Wing operated on a 24-hour schedule for two weeks. To support this increase large refrigeration trailers idled in the Mess parking.

"Morale is good considering we're operating 24/7 and are sending out about 3000 meals a day," said Wing Foods Officer Captain (Capt) Kelly Suddard during this period. "We're looking forward to the end of the operation but in the meantime we are proud to be supporting OP Lustre," she added.

Across the Wing, the clinic at 23 Health Services also operated 24-hours a day for sick or injured troops. The clinic's staff was augmented by personnel from 17 (Winnipeg) Field Ambulance, a reserve medical company based at Minto Armoury. Dr Ravi Gupta, a civilian employee of 23 Health Services had been pulling double duty as Captain Ravi Gupta, a reservist with the field ambulance.

Lieutenant Commander Julia Roy, Commanding Officer of 23 Health Services, said the clinic saw normal sickness and injuries for this type of operation. "We are seeing a lot of sore backs and shoulders. We are also seeing a little gastro, which is normal when you have this many troops living in the field. It's all environmental," she said.

Joint Task Force West

(JTFW) Air Component Commander Lieutenant Colonel Kevin Kimpinski, the person tasked with managing all the air assets for the operation, was impressed with what he saw on OP Lustre. "We've been so impressed with not only the hospitality of Manitobans but their willingness to get involved by volunteering to help out with the flood," he said.

The Honourable Vic Toews, Canada's Minister of Public Safety and Regional Minister for Manitoba said, "Following a request from the Government of Manitoba, the Canadian Forces moved quickly to assist provincial and local authorities deal with flooding on the Assiniboine River. We are grateful to have had help with flood protection measures, and thank the CF for contributing their unique expertise and capabilities to this effort."

For more information about 17 Wing please visit:

<http://www.airforce.forces.gc.ca/17w-17e/index-eng.asp>



The Building 21 gym was used to house troops during OP LUSTRE. Photo: Sgt Bill McLeod

Army Cadets preparing for expedition to the land of little sticks

Sixteen Royal Canadian Army Cadets and three Cadet Instructors Cadre (CIC) Officers from across Canada will be arriving in Winnipeg, to prepare for their participation in the National Army Cadet Domestic Expedition from 4-18 June, 2011 to be held in Churchill Manitoba.

On Sunday, 5th June 2011 the Cadets will be reviewing and completing the water portion of their training at Birds Hill Park, covering tandem canoe manoeuvres and rescue techniques followed by rapid water movements and other water navigating techniques.

The goal of this Expedition will be to explore "the land of little sticks" Churchill, where they will experience an adventure, which is; challenging, rewarding, emotional and fun. This experience

will offer a rich selection of cultural experiences for the cadets. The Churchill Expedition will trek the Western Peninsula along a route that will provide the opportunity to explore the glacier-sculpted boulders, tundra, and miniature shrubs that poke through the permafrost. It will also allow for personal exploration of the remains of Pre-Dorset civilizations, fur traders and settlers. Indeed, the Expedition will bring cadets to areas not seen by many, and experienced by even fewer.

The Army Cadet Expedition is the premier Army Cadet activity that challenges the top Army Cadets in Canada to new levels, and is the culmination of at least four years of training, requiring a superior level of fitness and maturity. This domestic expedition provides cadets

with the opportunity to put into practice self-reliance, leadership, and the spirit of adventure. The expedition will also challenge the cadets individually and as a group to improve their skills in decision-making and problem solving, teamwork and co-operation, communications, tolerance, resourcefulness and time management.

The Cadet Program is a national program for youth aged 12 to 18. It is sponsored by the Department of National Defence in partnership with three civilian organizations: the Navy League, Army Cadet League and Air Cadet League.

For more information related to the Expedition program please visit www.cadets.ca.



Cadets will get to see the beautiful natural landscape of Churchill, Manitoba on their trip up North. Photo: sxc.hu

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Preparing for deployment

What you and your family should know

Alison Dickey
Voxair Photojournalist

As 435 Squadron deployed mid May for an overseas deployment, it caught a few families by surprise, but it hasn't gone unnoticed by the military community here in Winnipeg.

At a time like this, it's important to remember the resources the military has put in place to help get ready and cope for such an event at home.

"In preparation for a deployment, there are the physical things that need to be prepared like insurance and banking but there is also the emotional side of things like recording stories or videos for kids, leaving notes around the house and doing anything you can help to shorten the length of time that they're gone for," says Dana Glover, the Deployment Services Coordinator at the 17 Wing MFRC.

Some services offered by the MFRC include: a parcel packing station along with the free of charge shipping to your loved one; a resource library and pre-deployment and reunion/re-integration packages.

"Stress free childcare is a fairly new monthly allotment per family who has a member away from home and the money can be used towards casual child care at the MFRC or to pay a care giver in your

own home," explains Glover.

Something families often forget about is that they can send letters to their loved one's up to 500 grams free of charge from any Canada Post outlet in the country.

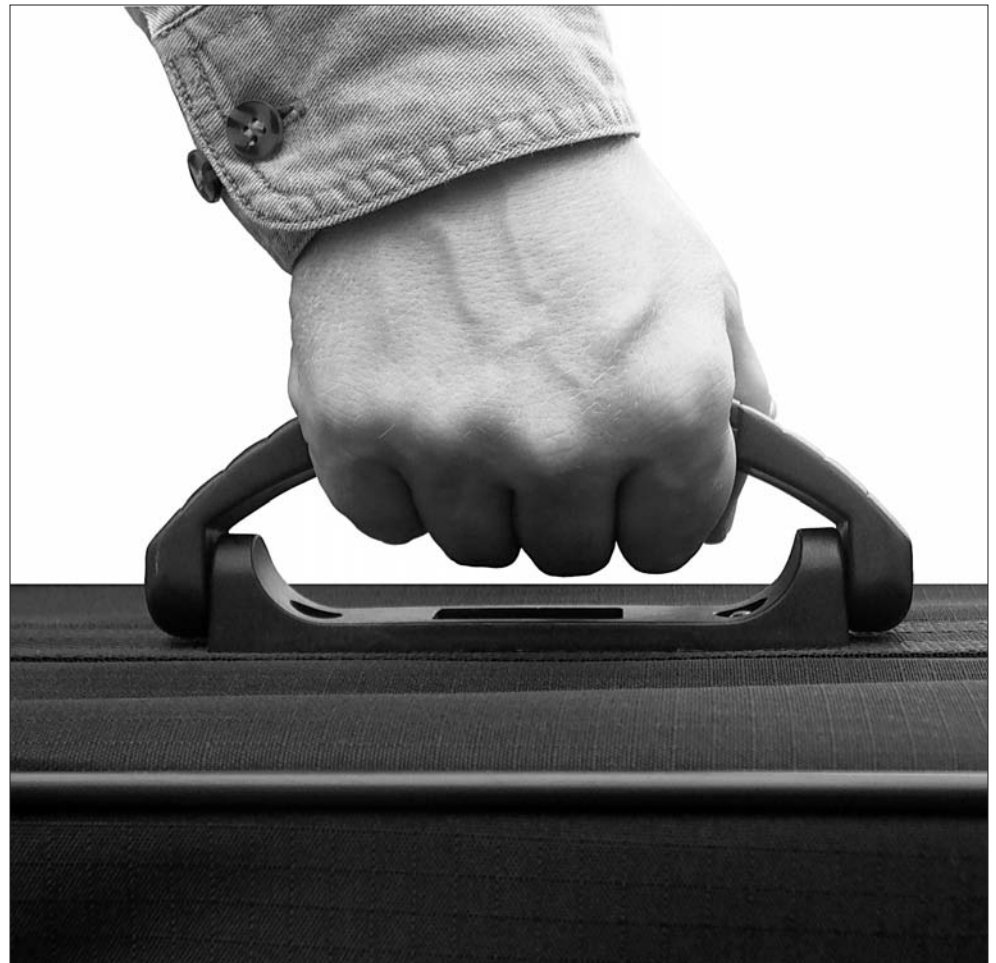
The MFRC also offers family members the opportunity to have a real-time video teleconference with their loved one in case traditional contact methods aren't available.

Although, these are some great resources available while your loved one is away but what about getting ready for that big reunion when they return home after those months away?

"There's always a lot of anticipation, excitement and anxiety about the homecoming. Try not to get all your hopes pinned on that one moment...running into their arms across the tarmac and swinging them up into a big kiss because it doesn't always work out that way," says Glover.

As well, be sure to ask the person what they would like for a homecoming... don't plan a big bash when all the person wants is a nice quiet homecoming with their family.

For any further information on these deployment resources, contact Dana Glover at 204-833-2500 ext. 4507 or dana.glover@forces.gc.ca.



Leaving your family for an extended period of time is tough. Make sure you take the time to properly prepare before you go. Photo: sxc.hu

Chinese military delegation visits 17 Wing

Capt Jeff Noel
Wing Public Affairs Officer

An atmosphere of friendship and co-operation were the order of the day April 26 when the Air Force training Centre (AFTC) at 17 Wing hosted its first ever visit by a Chinese military delegation.

"On behalf of my staff I would like to express my gratitude to all of you for welcoming us to your base and talking to us about your Air Force," MGen Ma Jian of the Air Force Command College of the Peoples Liberation Air Force (PLA).

During their time at the Wing delega-

tion members received a series of briefings that focused on the outstanding work being conducted by the staff of the CF's School of Aerospace Studies (CFSAS), as well as an opportunity to interact with personnel from the AFTC, 17 Wing and 2 Canadian Air Division (2 Cdn Air Div).

While on their an official visit to Canada the Chinese military delegation headed by MGen Jian visited Canadian Forces Wings in Winnipeg and Trenton, ON, as well as National Defence Headquarters (NDHQ) in Ottawa from 25 April to 1 May.

For more information on the Air Force training Centre please visit <http://www.airforce.forces.gc.ca/vital/v2/docs/2cad-2dac-eng.pdf>

For more information about 17 Wing Winnipeg please visit <http://www.airforce.forces.gc.ca/17w-17e/index-eng.asp>



(R) BGen Rick Pitre, 2 Cdn Air Div Commander, accepts a model of a Chinese J10 fighter aircraft from MGen Ma Jian of the People's Liberation Army Air Force. Photo: Sgt Bill McLeod

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Nijmegen Team marches on towards the Netherlands



The Nijmegen participants take a training march through Assiniboine Forest. Photo: MCpl Karine Jacques of 435 Squadron

Alison Dickey
Voxair Photojournalist

The 95th annual Nijmegen marches will run from July 19th – 22nd this year and the 17 Wing team has been hard at work training for the four day event where they will march for over 40 kilometres a day.

The Nijmegen March began in the Netherlands back in 1909 in order to improve the stamina of its marching troops. The Canadian team first attended in 1952 when they were invited in recognition of all they did to help liberate the Netherlands from German occupation in WWII.

The team members work hard to balance their everyday jobs with the intense training which includes being on the base at 5:30 in the morning and doing close to 100 kilometres a week in marching in order to prepare.

“It takes a lot of support from their units in order to be a part of the Nijmegen team. We started with 39 trainees and we are now down to 21 because of time constraints,” says team leader Maj Heather Collins.

In last year’s march of the 45,000 participants who registered, about 36,500 people were able to complete the full four-day event.

There are different distance regulations depending on your age but as long as Military members are carrying a weighted rucksack of at least ten pounds, the regulation distance is 40 kilometres a day.

“It’s not a speed race, it’s about teamwork and getting everybody through the event...you’re not allowed to run in the race only march. It’s a pretty amazing physi-

cal achievement for people but also it’s a very important community relation thing to do on an international platform,” explains Maj Collins.

Any person who finishes all four days gets a medal and if the whole team finishes they get a team medal.

Typically, 17 Wing gets a team every other year because of limited funding. The last time the Winnipeg team went two years ago, they received the team medal for completing the march successfully.

The event also takes the time to commemorate important historical moments.

“On Day 2 after we arrive we do a remembrance ceremony at Vimy Ridge and on Day 3 at Grosebeek, we do another ceremony at the military cemetery there, which is the largest Canadian military cemetery on Dutch soil,” says Maj Collins.

This year, the Winnipeg team will be in the Netherlands from July 15th to 25th.

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The Order of Military Merit adds new members

Sgt Bill McLeod

Wing Public Affairs Photojournalist

Five Senior Non-Commissioned Members (NCM's) of Team Winnipeg have been invested as Members of the Order of Military Merit and another promoted to Officer in the Order by His Excellency the Right Honourable David Johnston, Governor General and Commander-in-Chief of Canada. They were recognized for serving their country with honour and distinction throughout their careers during recent ceremonies held at Rideau Hall in Ottawa.

Those invested into the Order by His Excellency were Chief Warrant Officer (CWO) William Dalke, M.M.M., C.D. (2 Canadian Air Division), Chief Warrant Officer

Glen Rideout, M.M.M., C.D. (1 Canadian Air Division), Chief Warrant Officer Joseph Sampson, M.M.M., C.D. (17 Wing Logistics and Engineering Branch CWO), Chief Warrant Officer Michael Scarcella, M.M.M., C.D., (17 Wing CWO), and Master Warrant Officer (MWO) Jennifer Ste-Croix, M.M.M., C.D. (1 Canadian Air Division).

Promoted to Officer within the Order of Military Merit was Chief Warrant Officer Bernard Verreault, O.M.M., C.D., Air Reserve CWO (1 Canadian Air Division).

"I know that you will wear the insignia with great pride. I know that you will not stop, now that your service has been recognized, assuming your work is complete and the battle won. I know that you will continue to do all that you can to execute your responsibilities to make our country—and our world—safer, more demo-

cratic and more free," the Governor General said to the military members at the ceremony on 9 December.

Founded on July 1, 1972, the Order of Military Merit recognizes distinctive merit and exceptional service displayed by the men and women of the Canadian Forces, both Regular and Reserve. Many have demonstrated dedication and devotion beyond the call of duty, and the Order honours them for their commitment to Canada. Her Majesty Queen Elizabeth II is the Order's Sovereign, the governor general is its Chancellor and a Commander, and the chief of the Defence Staff is its Principal Commander.

For more information on the Order of Military Merit, please visit: <http://www.gg.ca/document.aspx?id=72>



CWO Bill Dalke, 2 Cdn Air Div CWO is invested as a Member in the Order of Military Merit by the Governor General.



CWO Joeseph Sampson is invested by the Governor General.



CWO Glen Rideout is invested by the Governor General.



CWO Mike Scarcella is invested by the Governor General.



MWO Jennifer Ste-Croix is invested by the Governor General.



CWO Bernie Verreault is promoted to Officer in the Order of Military Merit by the Governor General.

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Herc tankers join Task Force Libeccio



Avionics technician MCpl William Stamper of Task Force Libeccio marshalls a CC-130 Hercules in-flight refueller into position as the crew prepares for their first air-to-air refuelling mission in the central Mediterranean theatre of operations. Photo: Cpl Jackson Yee

Maj Leah Byrne
Task Force Libeccio PAO

Poggio Renatico, Italy — A new Canadian asset has joined the air campaign enforcing the no-fly zone and protecting civilians in Libya. On 20 May, two CC-130 Hercules in-flight refuelling aircraft and a team of 40 air force personnel joined Task Force Libeccio, the air component deployed on Operation MOBILE, Canada's participation in Operation UNIFIED PROTECTOR, the NATO-led operation to enforce the arms embargo and no-fly zone imposed on Libya by UNSCR 1973, and

to protect civilians and civilian-populated areas in Libya.

Task Force Libeccio added the Hercules tankers to the CF-188 Hornet jet fighters and CC-150 Polaris in-flight refuellers already flying from Trapani. Task Force Libeccio also includes a CP-140 Aurora long-range patrol detachment deployed at the NATO naval air station in Sigonella, Italy, and the Task Force Headquarters co-located with the NATO Combined Air Operations Centre at Poggio Renatico, Italy.

The CC-130 Hercules tankers are re-

placing one of Task Force Libeccio's two CC-150 Polaris tankers, which returned to Canada for scheduled maintenance.

"Air-to-air refuelling aircraft are critical to this operation; without them Canada and its allies would be unable to effectively fulfill our mission," said Colonel Alain Pelletier, commander of Task Force Libeccio and Canadian Air Component Commander. "They enable our fighter and reconnaissance aircraft to stay airborne longer, giving us a much greater capability."

In-flight refuelling is an important force-multiplier in air operations, and the

Canadian tankers are making a significant contribution to Operation UNIFIED PROTECTOR. As well as the CF-188 Hornets from Trapani, the CC-150 Polaris and CC-130 Hercules tankers support aircraft from France, Italy, Sweden, the United Kingdom and the United States. By 29 May 2011, Task Force Libeccio air-to-air refuellers had delivered almost 7,400,000 pounds of fuel to allied aircraft.

Maj Leah Byrne is deployed in Poggio Renatico, Italy, as the Task Force Public Affairs Officer with Task Force Libeccio.



Lieutenant-Colonel Norm Gagne (right) explains how the air-to-air refuelling pod operates to Lieutenant-General Marc Lessard (second from right), Commander of Canadian Expeditionary Force Command (CEFCOM), and Chief Warrant Officer (CWO) J.K. Hamalainen (center), CEFCOM CWO, during their visit to Operation Mobile in Trapani, Italy on 31 May 2011.

Exercising sovereignty through Op NUNALIVUT 11

Lt Travis Smyth

In the frigid April weather of the High Arctic, in the "land that is ours", Operation NUNALIVUT 11 has run its course.

NUNALIVUT, an annual joint operation conducted by Canada Command through Joint Task Force North (JTFN), took place from April 6 to 22 in the vicinity of Resolute Bay, Nunavut.

"Op NUNALIVUT 11 enhances CF knowledge and capacity to operate in austere locations and challenging environments," said JTFN Commander Brigadier-General Guy Hamel. "The first deployment of the new JTFN Rapid Reaction Force (North) will be evaluated."

RRFN comprises about 50 1st Canadian Ranger Patrol Group Rangers and Ranger instructors who provide an immediate response capability for JTFN. RRFN personnel can react to an emergency or security situation in the Arctic region until follow-on forces and members of government departments and agencies can arrive on

scene.

"Without the Canadian Rangers, the CF would be limited in its ability to operate in the High Arctic," said Lieutenant-Colonel Gino Chretien, CO of the Forward HQ in Resolute. "The Canadian Rangers share with us such valuable experience in this environment, and we work well together to accomplish our mission."

The Air Force conducted sustainment flights, aerial reconnaissance and arctic surveillance missions in adverse conditions to support RRFN sovereignty patrols.

About 170 CF personnel were involved in Op NUNALIVUT 11, including Canadian Rangers, Search and Rescue Technicians, and support from land and air units throughout Canada.

With increased activity in northern lands and waters, Op NUNALIVUT is one of three major operations that are conducted each year to demonstrate the ability of the CF to have a visible presence in the arctic region, and to help other government departments and agencies in responding to potential emergencies or threats.



Canadian Rangers and their CF Ranger instructors participate in a sovereignty patrol north of Resolute Bay during Op NUNALIVUT 11. Photo: The Maple Leaf

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SAREX 2011 soars across Red Deer, Alberta



MCpl Scott Hoadley fires a flare at a bear target during 435 Sqn's 2011 SAREX. Photo: Sgt Bill McLeod

Sgt Bill McLeod
Wing Public Affairs Photojournalist

Picture this: A small helicopter last seen near Ponoka, Alberta with 4 people on board is way overdue at its final destination of Radium Hot Springs. Canada's Search and Rescue (SAR) professionals based at 17 Wing Winnipeg are alerted by the Joint Rescue Coordination Centre in Trenton, Ontario, and a major search operation is rapidly initiated.

This was the scenario that 435 'Chinthe' Transport and Rescue (T&R) Squadron (Sqn) dealt with during its

annual Search and Rescue Exercise (SAREX) held in Red Deer, AB, from 5 May until 9 May.

The annual SAREX is not only an opportunity for the Squadron to refresh its ability to deploy at short notice on a major search and rescue mission but to also gain new qualifications and renewed currencies for its aircrews and Search and Rescue Technicians (SAR Techs).

Among those who were qualified or re-qualified during SAREX 2011 were Captain Jeff Chappel who re-qualified as a Search Master and Captain Melissa (Mel) Couturier who was qualified as an Assistant Search Master.

The Search Masters oversaw the set up of the search headquarters, ran the exercise search operation, and dealt the numerous curve-balls thrown their way by Major Dennis Scharf of the Air Force Standards Advanced Performance Center, who was assessing them for their qualifications.

"It's a very taxing job," said Major Scharf, referring to the Search Master. "It's feast or famine with the information they receive and the activities they have to perform."

Continued on page 9...

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SAREX preps troops for the real thing



Captain Melissa Couturier and Captain Ben Toenders of 435 Sqn prepare search plans at the Operations Room at Red Deer Regional Airport. Photo: Cpl Piotr Figiel



A SAR Tech drops into the Red Deer Regional Airport at the start of the 435 Squadron 2011 SAREX. Photo: Sgt Bill McLeod

Continued...

Those activities include not only dealing with the media, the next-of-kin and well-intended individuals but also coordinating the assistance of victim services and clergy. "They are essentially detectives," added Scharf. "They are assembling all the clues and using proven processes to find the search object."

In addition to personnel and a CC-130 Hercules aircraft from 435 Sqn and 17 Wing Winnipeg, Manitoba,

participants included 12 aircraft and more than 60 members of the Civil Air Search and Rescue Association (CASARA) from units based throughout Alberta; various Red Deer and area based emergency medical, fire, and search and rescue services and organizations; along with a C-130 Hercules aircraft and personnel from the United States Air Force Reserves (USAFR) 920th Rescue Wing (RQW) from Patrick Air Force Base, Florida who were augmented by personnel from the 39th and 304th

Rescue Squadrons (RQS).

435 Sqn is responsible for Search and Rescue from the area from Thunder Bay, Ontario, to the Saskatchewan/Alberta Border and from the 49th Parallel to the high Arctic. At any moment the Sqn may have to mount a search and rescue operation. Six weeks after last year's SAREX the Sqn had to deploy to Norman Wells in the Northwest Territories.

CASARA volunteers ensure SAREX 2011 goes smoothly

Sgt Bill McLeod

Wing Public Affairs Photojournalist

Carrying thermoses of coffee and snacks in bags, a group of 4 civilian volunteers crossed the tarmac of the Red Deer Regional Airport and prepared a small aircraft for a day of practice searching as part of 435 Transport and Rescue (T&R) Squadron's (Sqn) annual Search and Rescue Exercise (SAREX).

While the CASARA team worked, uniformed Air Force officers and technicians went in and out of the search headquarters near them. The civilians', whose ages ranged from the low-sixties for the pilot to the early twenties for one of the spotters, were dressed in an assortment of clothing: everything from older surplus versions of Canadian Forces flight suits to fleece sports gear and hats and shirts with the Civil Air Search and Rescue Association (CASARA) logos embossed on them. Despite their non-uniform appearance, the members of CASARA are recognized as a professional Canadian institution.

As Jerry Roehr, Treasurer of the Manitoba branch of CASARA put it in an article for the Canadian Owners and Pilots Association last fall, "Perhaps in the beginning they were a bunch of volunteers trying to be professionals. Now it can truly be said that they are professionals volunteering."

The CASARA logo represents a nation wide volunteer organization dedicated to the promotion of aviation safety and to providing air search support services to the National Search and Rescue Program (NSP) as well as other local agencies when requested.

This year's annual squadron SAREX was held in Red Deer, Alberta, from 5 to 9 May. It is primarily an exercise to refresh the sqn's capability to deploy on a major search. A major search is initiated when preliminary search efforts for an aircraft, vessel or person in distress are unsuccessful. Lessons learned on the deployment are used to better prepare the sqn for real world deployments.

During a major search the search master will employ all assets are available to them. A lot of the time these assets will include CASARA volunteers. Some CASARA members are pilots flying private aircraft but a lot of the members are volunteer spotters who can also be used in military aircraft. This year CASARA headquarters was embedded in the Search Headquarters working hand in hand with the military.

"The good thing for us is we get to train with a military squadron," said Wes Cooke, Red Deer Zone Com-

mander of CASARA. "They can see what we do and can tell us if we should be doing something different or if there is something we can improve on."

The roles of CASARA members include pilots, navigators, spotters, ground crew, radio operators, duty officers, and search coordinators. According to Captain Ben Toenders, 435 Sqn's CASARA liaison officer, this year's SAREX saw 12 civilian aircraft and 60 to 65 CASARA members participating.

One of the biggest advantages for the military in using CASARA volunteers is they are often much more familiar with the local area and may even be familiar with the aircraft and pilot if they are searching for a missing aircraft.

CASARA not only assists the military and the NSP they also aid local law enforcement by supporting ground search operations from the air. According to Red Deer Zone Commander Wes Cooke, CASARA has been requested for ground searches by the RCMP and have a very close working relationship with the Red Deer Search and Rescue, a large ground search unit in their area.



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17 Wing answers the Wing Commander's Challenge



17 Wing Commander Lieutenant-Colonel (LCol) RD Reyenga addresses the over 600 participants of the 4th annual Wing Commander's Challenge. Photo: Cpl Beverley Dunbar



Participants of the cycling group, of the 17 Wing Commander's Challenge, gather behind a 17 Wing Military Police car to begin their 10 kilometer race. Photo: Cpl Beverley Dunbar



The 17 Wing Air Force Pipe & Drums Section pumps up the crowd before the Wing Commander's Challenge. Photo: Cpl Beverley Dunbar



Young participants of the 17 Wing Military Family Resource Centre (MFRC) daycare, willingly follow their leader during the 17 Wing Commander's Challenge. Photo: Cpl Beverley Dunbar

Philatelist's Corner with Alf Brooks



None-Denominational Stamps

In recent years a number of countries have issued postage stamps bearing no numbers to show their cost or denomination. They sell at the current first class letter rate; should postage rates increase the stamps will continue to be valid on their own without additional postage. Here are three examples:

* Sweden prints the word "brev," meaning "letter" on a stamp issued in 2010 picturing a cat, one of many "brev" stamps issued that year.

* US Post will issue in July a stamp in honour of Mark Twain; US stamps in this category are named "Forever" stamps.

* Canada Post has chosen to print some stamps with a maple leaf and the letter "P" for "Permanent;" an issue of this year picturing sunflowers is sold at our current rate, 59 cents, but could be used to mail a letter if the rate goes up.

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Take me out to the ball game



17 Wing Winnipeg Colour Party marches off the field after the playing of the national anthems at the Goldeyes season opener. Photo: Sgt Bill McLeod

Capt Jeff Noel
Wing Public Affairs Officer

A Tour de Force showcase of military professionalism by members of 17 Wing supercharged fans spirits and usher in a new era of Winnipeg Goldeyes baseball at Shaw Park on 12 May.

Despite unseasonably cool, rainy weather which forced fans to break out their winter clothing for the inaugural game of the Goldeyes in the newly formed 14-team American Association of Baseball, our men and women were enthusiastically received.

“Every detail of the Canadian Forces

participation was spectacular and perfectly managed,” said Dan Chase, Director of Sales and Marketing for the club. “I know that our fans were most impressed.”

That participation ranged from a dazzling pre-game concert by the Air Command Band (ACB) Pop-Rock ensemble “Jet Stream” to the performance of the national anthems of both Canada and the United States by the combined Pipes and Drums and Show Band of the ACB accompanied by the 17 Wing Colour Party during special opening ceremonies to a spectacular flypast by a CC-130 Hercules from 435 ‘Chinthe’ Transport and Rescue (T&R) Squadron.

The Commanding Officer of the ACB, Lieutenant John Fullerton, was also enthusiastic about the game. “It was a fantastic opportunity for us to showcase the diversity and professionalism of our personnel to our fellow Winnipeggers,” he said. “We’re grateful to the Goldeyes for asking us to participate in such an historic event. It was a fantastic!”

It was a special night also for 17 Wings ‘Deserving Service Member’ of the quarter, Pte K.T. Molloy who was center stage before the more than 6,000 fans in attendance as he walked to the mound and presented Goldeyes starting pitcher Isaac Hess with the first official game ball.

“We are so thankful to everyone from the Canadian Forces that helped make our inaugural game in the American As-

sociation so special,” stated Mr Chase. “It definitely was a job well done!”

The Goldeyes successfully defeated their opponents, the Fargo-Moorhead RedHawks, 4-2 in the first game of the season-opening four-game series.

For more information on how to become a musician in the Canadian Forces, please visit <http://www.forces.ca/en/job/musician-83>

For more information about the Air Command Band please visit <http://www.airforce.forces.gc.ca/acb-mca/index-eng.asp>

For more information about 17 Wing and the many missions its men and women perform at home and abroad, please visit <http://www.airforce.forces.gc.ca/17w-17e/index-eng.asp>



Cpl Janine Bremault Bamford belts out a tune while dancing with Goldie, the Winnipeg Goldeyes in front of the Shaw Park before the season opener. By Sgt Bill McLeod

RED RIVER EXHIBITION TICKETS



Photo: sxc.hu

Once again, 17 Wing Community Recreation has obtained tickets for the 17 Wing Military Community for the Red River Exhibition that will be held from 17 Jun - 26 Jun 11.

The tickets are available to Military members and their family and to DND civilian employees and their family, and Community Recreation Association members.

Tickets available and the cost to members for each ticket (including GST) are as follows:


1. Gate Admission: \$8.00;
2. 12 rides Ticket: \$25.00;
3. Pay One Price (one day gate admission and all you can ride): \$35.00

These prices are very comparable to other advance prices being offered. Note: if you are going to the Red River Ex on before 1500 hrs Monday thru Friday, gate admission is \$5.00 per person. As well, military members will receive free admission to the EX on 23 Jun 11 by showing their military ID at the gate.

Those personnel who are interested in obtaining Red River Ex tickets must purchase them in person from the reception desk, Building 90 Fitness and Recreation Centre by Tuesday, 14 Jun 11. POC is Community Recreation at local 2057, local 5976, or local 2059.

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HEALTH AND PHYSICAL FITNESS FOR LIFE / SANTÉ ET CONDITION PHYSIQUE POUR LA VIE

Bike to Work Day is Friday, June 24

Committed to improving active transportation and promoting cycling in our city of opportunity, the city of Winnipeg joined partners from Bike to the Future, Climate Change Connection, Manitoba Cycling Association, Resource Conservation Manitoba, and Winnipeg Trails Association to announce the 4th annual "Bike to Work Day" to be held on Friday, June 24th.

"Bike to Work Day" is an active and energetic opportunity to highlight the environmental, health, and economic benefits of cycling by encouraging Winnipeggers to cycle to work or to school. This year the event also aims to celebrate the city's \$21 million advances in bike-friendly infrastructure, by inviting people to meet in the morning along popular new commuter routes called "Bike Pit Stops" on their way to work.

Last year, Bike to Work Day saw nearly 2000 registered cyclists take to the

streets on event day. This year, by pairing with existing cycling shops like Natural Cycle and the Wrench, and community organizations such as the Park Theatre, 17 Wing and the Peg City car co-op, cycling numbers are expected to rise.

At 17 Wing, join us at our Pit Stop from 0630-0900 hrs on the east side of the street at Whytefold & Silver Avenue. This Pit Stop will be supported by the Winnipeg Military Family Resource Centre, Wing Chaplains and PSP-Community Recreation & Health Promotion. Join us for snacks from Stellas and Tim Horton's coffee while quantities last and entertainment provided by the Air Command Band's Pipes and Drums. There will also be giveaways such as tattoos, t-shirts and UV beads.

Winnipeggers are encouraged to visit www.biketoworkdaywinnipeg.org to register and learn more about the event and active transportation in Winnipeg.



A participant in last year's Bike To Work Day enjoys at healthy, free breakfast at the 17 Wing Pit Stop. Photo: Kristy Rydz

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To Register or for more information contact Health Promotion Inscriptions et renseignements Promotion de la santé local/poste 4150.



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Pour s'inscrire ou pour de plus amples informations, communiquez avec le bureau de promotion de la santé: Poste 4150

For additional information and to register contact: Health Promotion @ local 4150

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 heure: 1130 h – 1330 h
 Bâtiment: #76

Date: (Tuesdays) 5 July – 23 August 2011
 Time: 1130 hours - 1330 hours
 Location: Building #76



www.mfrc.mb.ca

204.833.2500 ext. 4500



Internet safety for kids

The internet is a vast source of information and entertainment for a lot of people, including children. It is important to ensure that kids know how to be safe online to protect themselves from strangers and other online concerns. The information below is from safekids.com.

1. I will not give out personal information such as my address, telephone number, parents' work address/telephone number, or the name and location of my school without my parents' permission.*
2. I will tell my parents right away if I come across any information that makes me feel uncomfortable.
3. I will never agree to get together with someone I "meet" online without first checking with my parents. If my parents agree to the meeting, I will be sure that it is in a public place and bring my mother or father along.
4. I will never send a person my picture or anything else without first checking with my parents.*
5. I will not respond to any messages that are mean or in any way make me feel uncomfortable. It is not my fault if I get a message like that. If I do I will tell my parents right away so that they can contact the service provider.
6. I will talk with my parents so that we can set up rules for going online. We will decide upon the time of day that I can be online, the length of time I can be online and appropriate areas for me to visit. I will not access other areas or break these rules without their permission.
7. I will not give out my Internet password to anyone (even my best friends) other than my parents.
8. I will check with my parents before downloading or installing software or doing anything that could possibly hurt our computer or jeopardize my family's privacy*
9. I will be a good online citizen and not do anything that hurts other people or is against the law.
10. I will help my parents understand how to have fun and learn things online and teach them things about the Internet, computers and other technology.

(*These rules are aimed mostly at pre-teens. It is now very common for older teens to upload pictures and some information about themselves on social networking sites, however caution is still necessary.)

MFRC welcomes new social worker

Hi. My name is Jenny Armatas and I am the new social worker at the Winnipeg MFRC while Haley Schroeder is on maternity leave. I am very excited to be a part of the MFRC team over the next year. I have more than nine years of clinical social work experience in community and health care settings. I am looking forward to supporting and helping the military families in anyway I can. For more information about the services I can provide to your family, or if you have ideas about mental health programs you'd like to see offered, I can be reached at 833-2500 extension 4512 or by email at jenny.armatas@forces.gc.ca.

Winnipeg MFRC Annual General Meeting

- Wednesday, June 15 7 p.m.
- MFRC 102 Comet Street
- Childcare is available.

This is your chance to have input about programs and services at your MFRC.
Everyone welcome.

Upcoming Programs

IMAGINATION EXPLOSION

MFRC, 102 COMET
July 25 to 29, 1 to 3:30 p.m.
\$45 per child
Register by June 30
This program allows children ages three to five to get messy as they explore science, art and the great outdoors! Space is limited. Please send a snack and bathing suit daily. Call 833-2500 ext 2491 to register.

PARENT PEER SUPPORT

Monday, June 20 at 1:30 p.m.
Register by June 17
We're changing the way we do Peer Support. In order to make it even more relevant and appropriate the support groups are going to be divided into two. This way you are assured the opportunity to meet, interact and discuss your deployment experience with a group of peers more closely related to you. We will provide beverages and snacks. This group is specifically for parents of members who are either currently deployed or recently returned from a deployment.

REST, RELAX AND REJUVENATE

Tuesday, June 28, 6 to 7:30 p.m.
Register by June 22
This session is about self-care. Come join us to learn why it is important to look after your own needs and health.

CAKES, COOKIES, AND CUPCAKES

Sunday, June 26, 2 to 5 p.m.
\$10 per session
Register by June 22
Come to the second session in this series to learn about different techniques to finish off your cookies. You will learn several different things that will give you the tools to make fabulous cookies. You will make a dozen cookies in the session.


NEWCOMER CLUB

Thursday, June 16, 7 p.m.
Register by June 15
If you're new to Winnipeg and would like to meet other military spouses, attend the newcomer drop-in at the MFRC. Information about the programs and services at the MFRC will be available. Childcare is not provided, however, you are welcome to bring your children with you.

MOVIES UNDER THE STARS

Thursday, June 23, 6:30 p.m.
MFRC lawn, \$2 per person
Register and pay by June 21
Join us under the stars for a classic movie. Every two weeks throughout the summer, we'll be showing a classic movie. This time Top Gun will be playing on the screen. Bring your lawn chairs and blankets, we'll provide the popcorn and drinks.

Friday June 24, let's celebrate St-Jean-Baptiste Day at 17 Wing!



With **Craig & Ash Band**
Franco-manitobain Band which offers French music!!

Winnipeg Military Family Resource Centre, in collaboration with the 17 Wing Messes, is pleased to invite you to the St-Jean-Baptiste Party which will be held on:


Friday 24 June 2011, at 4 p.m., at Officers' Mess (Combined Mess)

- No entrance fee
- BBQ: Hamburger, Hot-dog and Poutine! (\$1.00 each item)
- Craig & Ash Band
- Draw
- Kids activities: face painting, crafts, games
- Casual attire

Kids are welcome! However, child care is available at Westwin Children's Centre. Registration is required by Wednesday, June 22. To register call extension 2491.

For more information about the St-Jean-Baptiste festivities, please call Mélanie Lyrette at extension 4515.

Come to celebrate with us! Hope to see you there!



Vendredi le 24 juin, célébrons la Fête de la St-Jean-Baptiste à la 17^e Escadre!



Avec **Craig & Ash Band**
Groupe franco-manitobain qui offrira de la musique française!!

Le Centre des ressources pour les familles de militaires de Winnipeg, en collaboration avec les Mess de la 17^e Escadre, a le grand plaisir de vous inviter à la Fête de la St-Jean-Baptiste qui aura lieu :

Vendredi le 24 juin 2011, à compter de 16h, au Mess des Officiers (Mess combinés)

- Aucun frais d'entrée
- Souper BBQ : Hamburger, Hot-dog et Poutine! (1.00\$ chaque item)
- Craig & Ash Band
- Nombreux tirages
- Activités pour enfants : maquillage, bricolage, petits jeux
- Tenue décontractée

Les enfants sont les bienvenus à cette fête! Toutefois, le service de garde sera disponible au Centre pour enfants Westwin. Vous devez réserver vos places avant au plus tard mercredi le 22 juin au poste 2491.

Pour de plus amples informations concernant les festivités de la St-Jean-Baptiste, veuillez contacter Mélanie Lyrette au poste 4515.

Venez fêter avec nous! Au plaisir de vous voir!



Astronauts delights children with tales of space travel

Holly Bridges

What's it like to live in space? Just ask Colonel (Ret'd) Chris Hadfield and Major Jeremy Hansen.

The fascination that humans have with space flight shone through in spades recently as a curious crowd of grade six students gathered at the Canada Aviation and Space Museum in Ottawa.

The students, from Rockcliffe Park Public School, were bussed in for the opening of a new, out-of-this-world exhibit called "Living in Space" presented by the Canadian Space Agency.

The exhibit is a hands-on, interactive maze of gizmos and gadgets that allow visitors to get as close to living in space as possible without actually leaving Earth. The room is darkly lit, yet bursting with vivid, blue green images of Earth as seen from space.

As the opening was about to get underway, all heads turned away from the stage as Canadian astronauts Colonel (Ret'd) Chris Hadfield, Major Jeremy Hansen, Steve MacLean, Julie Payette, David Saint-Jacques, Robert Thirsk, Tjarni Tryggvason and Dave Williams filed past the children on their way up front.

It was an impressive sight, as each one of them, except for Maj Hansen and Dr. Saint-Jacques who are still in training, have reached the final frontier.

After the official opening, the children had the chance to ask the requisite "outer space" questions.

"Have you ever seen an alien?" "Have you ever been to Mars?"

One child asked what it means to command the International Space Station.

Col (Ret'd) Hadfield fielded that question seeing that in November 2012, the retired Air Force fighter test pilot will launch aboard a Soyuz spacecraft to reach the International Space Station (ISS). He will live and work there for six months as part of the crew of Expedition 34/35.

During the second half of his mission he will become the first Canadian commander of the ISS – a milestone for Canadian space exploration. In addition to overseeing operations as commander, he will carry out scientific experiments, operate Canadarm2 and perform various tasks using robotics.

Of course it's a huge personal thrill and a great professional privilege but I think it's also a great manifesta-



Col (Ret'd) Chris Hadfield explains one of the panels at the "Living in Space" exhibit to children at the Canada Aviation and Space Museum in Ottawa. Photo Credit: Sgt Ron Flynn

tion of what Canada's capable of, a real vindication of all of these years of Canadian invention and expertise," said Col (Ret'd) Hadfield.

"And I think for you guys it will help to open doors [to opportunities] that will exist for you in the future, here on the surface and beyond."

"How have you been preparing for space?" asked another child.

Major Jeremy Hansen, a Regular Force fighter pi-

lot from 4 Wing Cold Lake, Alta. said training to be an astronaut so far has been "the coolest job I could ever imagine". Although his mission date is unknown, he will continue to train at the Johnson Space Centre in Houston, Texas.

"I have been learning a full spectrum of things like geology, learning to speak Russian so I can fly in a Russian Soyuz rocket, orbital mechanics, about our solar system and about living in space, robotics. But the thing I prefer the most is the space walk training.

"You get up in the morning and you put on your 'office'. Instead of sitting at a desk, you struggle to get into this spacesuit and for the next six to seven hours you're in your 'office' in a pool to simulate weightlessness. Then you go out the door of the space station called the air lock and there you are fixing the space station. Just like fixing something around the house or in your car or on the farm. It's a really cool job."

Canadian astronauts have flown 14 times on the Space Shuttle and once on the Soyuz. Marc Garneau, Col (Ret'd) Chris Hadfield, Dave Williams and Julie Payette are the only Canadians to have flown aboard the Space Shuttle Endeavour.

About "Living in Space"

The "Living in Space" exhibit provides a unique opportunity for visitors to discover how astronauts work, entertain themselves and tackle basic tasks like eating, sleeping and personal hygiene in a weightless environment.

It combines multimedia special effects and artefacts from the astronaut's missions to create a hands-on learning environment where visitors can learn about the challenges of daily life in space and the innovations in science and technology that have been developed for human spaceflight.

The artefacts include items such as like Robert Thirsk's sleeping bag, the guitar Col (ret'd) Hadfield took with him to space and Julie Payette's flight suit.

Chaplain's Corner

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Catholic

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Roman Catholic Office 833-2500 ext. 5272

Padre Mark Mawson
Roman Catholic Office 833-2500 ext 5956

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Sunday 1100 hrs

Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information.

Confessions The sacrament of reconciliation is offered 20 minutes before mass and by appointment. Contact the chaplain's office.

Baptisms We recommend that you contact the chaplain's office for an appointment prior to the birth of your child.

Marriages Six months' notice is required for marriages, as counselling is necessary to prepare couples for Christian marriage. A marriage preparation course is also required.

Catholic Women's League meets in the Chapel Annex the third Monday of each month at 1830hrs.

Protestant

CHAPLAINS

Padre Bonnie Mason
(Presbyterian) Office 833-2500 ext 5417

Padre Bob Granholm
(Mennonite Brethren) Office 833-2500 ext 4277

Padre Will Hubbard
(Anglican) Office 833-2500 ext 5349

Padre Gord Mintz
(Anglican) Office 833-2500 ext 5785

Padre Curtis Duclos (Baptist)
Det Dundurn Office (306) 492-2135 ext 4299

Sunday Services (English Only) 0900 hrs

Sunday School is held during the service for children ages 3 to 12, except on the last Sunday of each month. Childcare is provided on an as-required basis for children under 3 years of age.

Marriages Contact the chaplain at least six months in advance. A marriage preparation course is a requirement.

Baptisms The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

Protestant Chapel Guild meets the first Sunday of the month at 1800 hrs in the Chapel Annex. All women are welcome.

Food Bank

The Food Bank is a joint undertaking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

Emergency Chaplain

After normal working hours, the Emergency Chaplain can be reached through WOps Duty Centre, 833-2700.

Other Phone Numbers:

For your convenience, a phone number has been set up to provide callers with info on service times and contact with the chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts. Those with access to the DIN visit the chaplains' Web Site at <http://17wing.winnipeg.mil.ca/main>, then click on 'Services'.

Interfaith Prayer Room

Rm 305 in Bldg 62 is avail during reg working hrs for private prayer or meditation, or for small groups to worship in the manner of their faith.



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Aries (March 21 - April 19):

You're either going like mad or dead on your feet. Knowing when it's time for action and when it's time to wait helps when dealing with life's challenges. Learn how to honor your feelings in a gentle and loving way. Share your deeper feelings with only those who respect you.

Taurus (April 20 - May 20):

Though you're feeling comfortable in relationships right now, you're also struggling with doubts. Past situations have made you leery of the judgments of others. Still you're more confident and wiser now. Your ability to discern "iffy" connections earlier means you're risking less.

Gemini (May 21 - June 21):

Wouldn't it be great if everything was clear. But no matter how much you know there always seems to be more hidden. The things that surface worry you. But in spite of this you need to take a leap of faith. Assess what you have, take what you need and deserve, then cut your losses.

Cancer (June 22 - July 22):

Listening to others, you see where things are headed. You know what must be done and that it's up to you to deal with misperceptions. You can't change the past, only the future. Wishing you could be in two places at the same time. Initiate a wellness routine to help deal with stress.

Leo (July 23 - August 22):

Hearing about what is happening to others helps you appreciate the good things in life. Accept what cannot be and move on. Take time to be still and listen to what your heart is trying to tell you. Diversions are fine up to a point. But some things need to be said before it is too late.

Virgo (August 23 - September 22):

You've found the right balance that allows you to get things done like never before and enjoy special leisure moments as well. You feel safer and more secure as things are finally working out just the way you want them to. Those you've helped in the past will help you now.

Libra (September 23 - October 23):

Things keep coming up that need to be dealt with before you can feel totally confident that you've got everything figured out and under control. There is more required than you realized. But you have some really good ideas and you're willing to do the work. Be bold.

Scorpio (October 24 - November 21):

When you make important decisions, follow your heart. Prepare for huge changes and some losses. And yet you'll feel freer and richer in the end. Times change and there are no certainties. Once comfortable with this, you see the beauty of what this offers. You feel blessed.

Sagittarius (November 22 - December 21):

You may have thought you had it all figured out but life isn't that simple. This expanded awareness marks the beginning of a new phase of life for you. You're wise enough to know that what is possible has changed. You can only go forward, never back.

Capricorn (December 22 - January 19):

Be honest with yourself. Avoiding your feelings leads to some tough life lessons. Still you've got a strong sense of duty and will put things right. Stay calm even if it seems like time is running out. Planning will help you deal with a sense of being "at sea."

Aquarius (January 20 - February 18):

In light of your current situation, it might seem illogical that you are happy but your sense of what is important has shifted. You no longer feel driven to defend yourself or change to suit others. You've learned the hard way but you're wiser now and happier in the end.

Pisces (February 19 - March 20):

Trust that you don't have to take the first thing that comes along. There will be other options. Deal with responsibilities. Listen to sound advice. Organize a space where you can explore your creativity and tap into your imagination. Find new haunts to hang out in.

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