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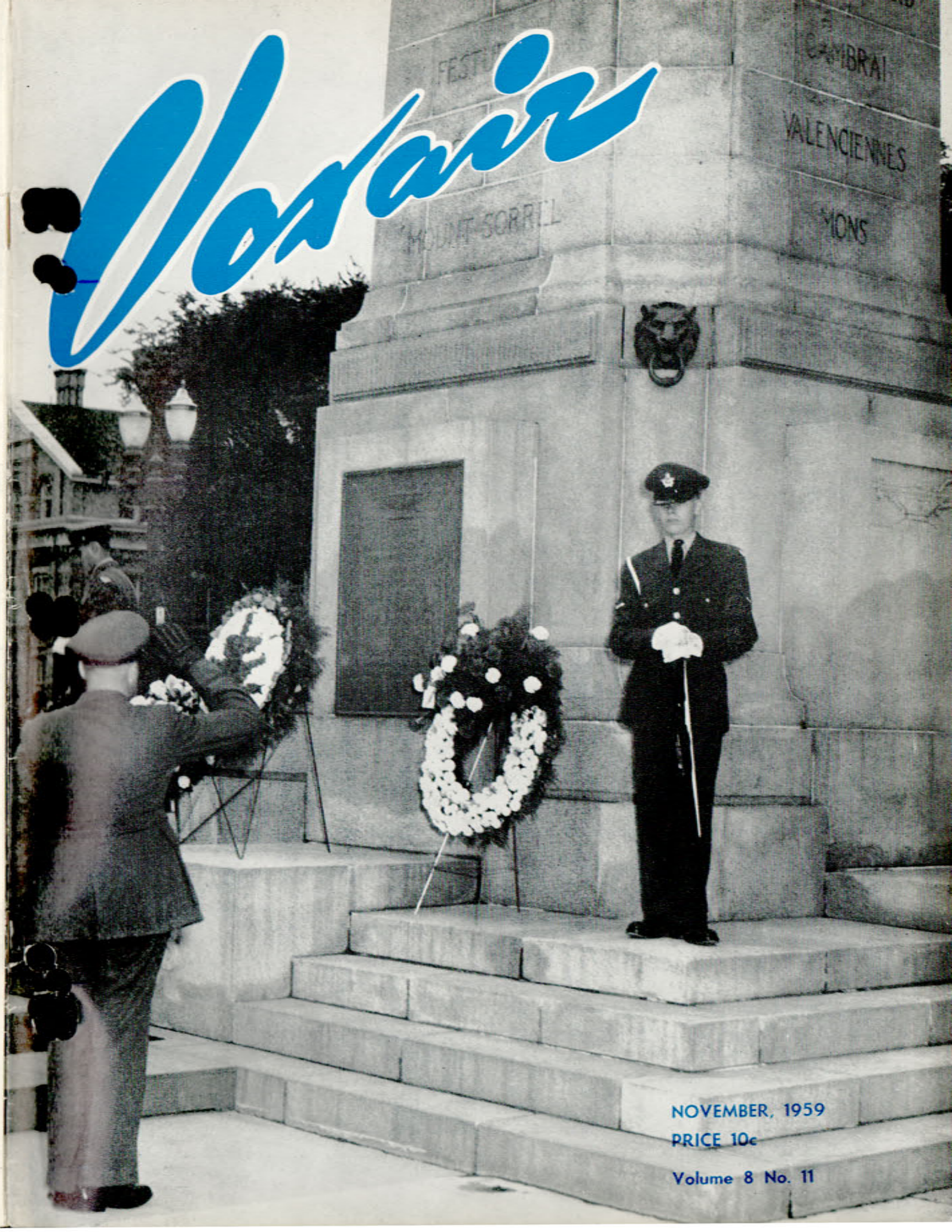
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AN AIRFORCE NEWSMAGAZINE

VOL. 8, No. 11

NOVEMBER, 1959

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VOXAIR is published on the 15th of every month with the kind permission of The Commanding Officer, Royal Canadian Air Force Station Winnipeg, Stevenson Field, Winnipeg, Manitoba.

ARTICLES may be reprinted by other publications providing credit is given to VOXAIR.

VOXAIR is distributed to every R.C.A.F. Mess, Lounge, Reading Room and Library in the world. Subscriptions are priced at 1 year (12 issues) \$1.20; 3 years (36 issues) \$3.50; 5 years (60 issues) \$5.50. Postpaid anywhere in the world. Address all subscription correspondence to: Subscription Department, Voxair, R.C.A.F. Station Winnipeg, Stevenson

Field, Winnipeg, Manitoba. Applications from overseas should be accompanied by an international money order for the necessary amount. Canadian subscribers should make their cheques payable to: R. C. A. F. Station, Winnipeg Station Fund.

EXECUTIVE AND EDITORIAL OFFICES: R.C.A.F. Station Winnipeg, Westwin, Manitoba. Telephone VE 2-1311, Local 216. Printed by The Wallingford Press Ltd., 303 Kennedy Street, Winnipeg 2, Manitoba. Authorized second class matter by the Post Office Department, Ottawa, Ontario.

The views expressed herein are not necessarily those of the Royal Canadian Air Force or the staff of VOXAIR.



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SGT. BUD ASKETT  
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CPL. JACK DUNN  
SPORTS EDITOR

# How To Live Like A Millionaire

(or The Gentle Art of Subterfuge)

(Courtesy Henry Bach Associates and Feature Magazine)

**D**IP into your pocket and extract a dollar bill. Now grasp each end firmly between your thumb and forefinger . . . and tug. Feel it give a little? Not even a teensy-weensy bit?

Exactly! Lesson One just taught you that stretching a buck is NOT a matter of brawn.

What is the answer then? Brainwork? In an age where taxes, inflation, and the "high cost of living" snuff out ambitious dreams of grandeur it takes ingenuity to live like a millionaire.

Nice thing about it is that it is all legal. You can have those richer Joneses wishing they can live like YOU and you don't have to cheat on your income tax or indulge in the Great American Pastime (Living Beyond Your Means).

First—Things Not To Do:

Don't confuse ostentatious living with gracious living. You needn't give expensive gifts, entertain lavishly, indulge all the whims of your children, or get a mink for your wife. Overtipping is the sign of the amateur. Fifteen percent is quite adequate when the service has been good, less (or nothing) if the service has been poor.

Remember—Rockefeller (and he could afford to do otherwise) gave dimes not dollars.

The most important status symbol of all is the place where you hang your hat.

Rule number one is: Be different. In decorating your home, imagination achieves more than money. If everyone in your neighborhood has a wire fence—you should get a redwood slat fence. If 50% of the people have redwood slat and the other 50% have wire—don't get any fence at all!

Read the columns devoted to home furnishings and "how to" in your local newspaper and magazines. A few years ago, some enterprising folks who lived near the coast realized the beauty hidden in a piece of driftwood. Following the information given in a local newspaper article, they sanded, polished and painted. Result: A beautiful (and expensive looking) coffee table. Net Cost: A few spare hours and less than \$5.00.

Entertaining friends at home can be a rewarding and pleasant experience, without straining the family budget.

Most folks like a cocktail or highball before dinner. Don't bother buying the high priced whisky. Instead, purchase three or four cut glass decanters (you can usually get a good buy in an antique shop), and a corresponding number of silver decals marked "Rye," "Bourbon," "Gin," etc. After placing the expensive looking decals on the expensive looking decanters, you can fill the bottles with an inexpensive liquor—the so-called house brands found in most package stores. While pouring, you might casually mutter, "imported stuff." In those decanters, few people will be able to tell the difference.

Steaks and hamburgers are fine during summer cookouts, but are not really suited to serve guests for a winter dinner. Filet Mignon is a natural choice, but is ridiculously expensive.

The thing to do is arm yourself with a good French or Italian cook book. *Vichysoisse, Poulet Marango, Coq Au Vin, uppa Pavese, Cherries Flambe* create visions of elegant French restaurants or extravagant dinner parties. Actually, a dinner for six would cost little more than \$5.00 and all the ingredients can be purchased at your local supermarket. Preparation is no problem, either. If your wife can cook beef stew, she can also prepare *Boeuf Bourguignon*.

Personal appearance is an area where our campaign to live like a millionaire either succeeds or falls on its face.

A cheap suit of clothes looks like—and will wear like—a cheap suit of clothes.

In order to live elegantly you must LOOK elegant. Avoid extremes in clothes. If a clothing manufacturer decides to come out with a pink jacket sport yellow piping—wait till next year before you buy (if you must buy it at all). But remember, drabness does not suggest elegance, either.

In most fashionable circles, more men are wearing what's known as the "Continental Look."

This style originated in Italy. The European model is a tight, high waisted, short jacket model which is rather uncomfortable and uncomplimentary. One



The modern day "millionaire" has learned how to live graciously without spending a great deal of money. Good clothing, our elegant friend has discovered, is often less expensive in the long run and it gives you that "million dollar feeling." —Picture Courtesy of Hammonton Park Clothes

important manufacturer of men's suits, Hammonton Park Clothes, saw that with some "Americanizing" the Continental could give the American male a high fashion appearance without straining his budget. This fall Hammonton Park Clothes introduced its new "Dateline: Roma." Based on the Continental, the jacket features high set buttons, tapered sleeves, slanting pockets and a slightly shorter length, with a modified cutaway. The trousers legs are tapered. The overall appearance is extremely graceful and sophisticated. A good suit of clothes, like Hammonton Park's "Dateline: Roma" costs just a few dollars extra but it more than repays its investment in lower maintenance while giving you "the million dollar feeling."

Two more tips about the home can help you achieve your wish of LIVING BIG without spending big.

Stereo sets are usually out of the range of the workingman who does not want to tie up a great deal of money. Now, however, there are manufacturers, like Heath and Eico, who sell "kits." In effect, they are disassembled stereo units which are put together by the purchaser. All it takes is a long nosed pliers, a screw driver, soldering iron, and a little patience. The savings: Up to half the cost on a factory wired model. Your local radio and TV appliance shop can give you more information.

There are now many stores throughout the country which sell reproductions of well known paintings. These are treated for a "textured" or "oil" finish approximating the original. The "paintings" will be a beautiful addition to your home at a small cost.

No "millionaire" can hold his head up without having been to Europe. So let's take a trip! But, we'll apply the same rules we used in every day life. "Live Big"—but don't spend big.

There are a number of groups throughout the country who charter planes, thus reducing greatly the individual cost, and fly round-trip to Europe as a group. A small membership charge is made which is very small when compared to the savings realized on the trip. However, these clubs should be investigated thoroughly before joining since there are many government regulations concerning them.

A better idea is to consult with your travel agent. Tell him exactly how much you want to spend and where you would like to go. He can book your passage on a freighter or similar ship. Don't be frightened by the word "freighter." Often the accommodations are more comfortable—and afford more privacy—than on a regular passenger ship.

When in Europe, the smart traveller buys a foreign car which he uses in traveling about the various countries. The car is then shipped back to the U.S. as a used car. Including tariffs and transportation, the savings on the automobile is about \$1,000. That means you have purchased a car, travelled in Europe, had a relaxing sea voyage—all for a few dollars more than you would have paid for the same auto here in Canada.

Living like a millionaire can be a pleasant experience. But just remember—you don't have a million dollars, so don't SPEND as though you do.

Drama Club Presents:

# THE TUNNEL OF LOVE

By LEN JAMES

STELLA JAMES



F/L VINCENT



JEAN AND MIKE



"HAM IT UP"



F/C MIKE GIBBONS



JEAN MASON

—Photos Askett

"Curtain Up" for the new theatre season at the RCAF Station Winnipeg Drama Club on Sharpe Blvd. is at 8.30 p.m. on Thursday, 19th November, with the production of "The Tunnel of Love." Of the cast of six, only two have appeared on our stage before, Donna Clark and Frances Reid, whom we last saw in "Sabrina Fair." The four newcomers are:

(a) Stella James, a Steno in downtown Winnipeg, the wife of Sgt. Bob James of the RCAF Aux., and making her first acting appearance on the stage.

(b) Jean Mason, from England, a busy housewife and mother, the wife of F/O Keith Mason of the RCAF Winnipeg, and who is making her premiere in Canadian theatre.

(c) F/L "Vince" Vincent, RAF, an exchange officer with the RCAF, who has been our set designer for a number of shows and now makes his first ever appearance as an actor.

(d) F/C Mike Gibbons, at present at 2AOS, making his debut on the Manitoba stage after previous shows in other provinces.

This cast was selected after the try-outs last September and the rehearsals have promised that this show could easily be the hit of the season. It is bright, gay, and very funny, and the audience can be assured of a hilarious evening. Come along and join in the fun, bring your families and friends, and will be welcome, and if you have a yen to join in active participation with our Club, then come along to our try-outs next month. The four people above made it on their first attempt, so there's no reason why you can't. BUT . . . DON'T MISS THIS SHOW!

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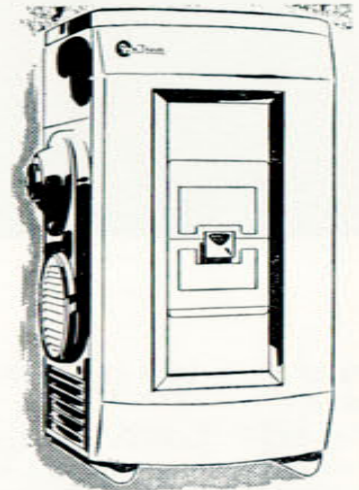
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## F/L K. P. "KEN" LARUSH

"Meet your new Guard Commander!"

F/L "Ken" LaRush was transferred to Winnipeg only this summer when the TCHQ staff decided to better their lot and join our happy throng. Though he is not yet too familiar-a-figure to most personnel, he is definitely becoming well known to our newly formed Guard of Honour.

He has a tremendous amount of experience which dates back to 1950 where at Stn. Summerside, he was appointed Colour Officer for the first NATO graduation parade. Just prior his transfer here this summer F/L LaRush was chosen as the Queens' Colour Officer and Guard Commander at St. Hubert where he had the honour of serving at the arrival and departure of President Eisenhower during the St. Lawrence opening. During the intervening nine year span that separated these two historical occasions he acted as Guard Commander at stations North Bay, Summerside, St. Hubert, Trenton, and now — Winnipeg.

Ken's experience with guards and colour parties is second only to that of his primary vocation, that of Navigator-Observer. In this field, he is one of the most experi-

enced in the air force today. He is qualified in all aspects of the Observer field such as navigation, radio, and intercept, not to mention an 11 month Specialist Nav. course taken here at our CNS.

F/L LaRush joined the RCAF in 1943 at Toronto, his hometown, and later the same year he graduated from number 4 AOS at London, Ontario, where, he claims he was glad to leave behind the ever-present "Wellington."

The 410 (Cougar) Squadron, flying mosquitoes, was his assignment. This squadron was one of two Canadian night fighter groups, and after joining it in the UK as a Nav-AI, he remained on operations with them until the end of the war. While in the European theatre of operations, they were based at Amiens, France and later moved to Gilze-Rigen, Holland. "It was while in Holland," Ken said, "the V2's used to pass 500 feet over the field but we were not allowed to try for them because we were in an anti-aircraft area and had to sit tight while the AA batteries went to work."

When asked about the Mosquito as an operational aircraft, "They were good," Ken said, "cruised about 220 knots and armed with four 20MM cannons. One common

trait of these aircraft was their tendency to yaw badly on take-off which was a little disconcerting a pilot not too familiar with them.

Today, "Ken" and his wife "Mary", who live at 143 Braintree Crescent, are nervously preparing for the long cold winter ahead (as compared to Trenton). In the background, each of the five children moan the disadvantages of a single channel TV. Our personality mumbles something about the East for the Grey Cup, and it is quite apparent that the LaRush family is not wholly settled as yet.

If, by chance you are interested in joining the Guard of Honour then you may find "Ken" LaRush at the 2AOS building where he now helps set the standards for the CNS. If you can't find him there — well he may be attending an inter-section hockey meeting, of which he is president. He may be chasing up a fine piece of mahogany for one of his many wood working projects, or he may be over at the hangar putting the guard in shape for the big parade. But wherever, or whatever the project, you may be assured that F/L "Ken" LaRush has the job well in hand.

"Welcome to Station Winnipeg Ken!"

# PERSONALITIES

## CPL. JACK ALBRIGHT



—Photo Ernie Carrier

ANYONE who would dare mention "Argos" as a cinch for the Grey Cup this year must be either crazy or strictly hog-town. Cpl. Jack Albright is—a Torontonians, I mean.

"The weather down there is a tropic paradise compared to these prairie regions," he says. "But the RCAF is bound and determined I will see these parts inch by inch. I have been transferred from Whitehorse, in the Yukon, to Moose Jaw, Saskatchewan, and as of early February, good old 'Peg. At least I'm heading east."

An easy going type, it is surprising to learn that Jack has spent nearly half of his 36 years in the service. During the war he served as a signalman with the Canadian Navy.

"The navy was a natural for me," he said. "As a youth I was very enthusiastic about sailing, and was a crew member of the National Yacht Club out of Toronto. We received no pay for this. If you could not afford a boat of your own, or the membership fees required for one of the yachting clubs, one merely offered his services and worked the races and cruises that filled the summer months. It's a great sport, And," he added, I

thought the navy would be equally exciting."

Cpl. Albright went on to say that it was while on Atlantic convoy duty that he first took note of the air force. Patrol aircraft, such as the Hudson, Canso, Catalina, and Ventura, provided air coverage for the convoys from the Canadian side. "I often worked these 'kites'," he said. "We would flash the type of patrol or search pattern wanted, or any other information the escort commander wished to pass. It was here that I realized the navy was the wrong outfit. In a few hours those fly-boys would be back on terra firma, sopping it up at the canteen while we would be at sea for days."

Jack did not hesitate to toss a bouquet for the air force. "Nearing the British Isles, we were often met by the big Sunderlands. It was most reassuring to a sailor, when these aircraft droned over, or came sweeping in low to wave a cheery hello. It meant that we had covered the gap of loneliness, and were back in range of the air patrols. The U-boat was forced to be more cautious and his attack possibilities sharply curtailed."

Knowing Jack served close to five years with the navy, and most of

this time was spent with the convoys sailing the North Atlantic, it was only natural to ask for one action story.

"I do remember one striking incident that happened off the New England coast," he began. "We were escorting a small, but reasonably fast convoy. The day dawned beautifully and the sea was, oddly enough, flat-as-glass. We had just signalled the convoy commodore re a change of course and the corvette ships were readying for its execution. Our corvette was in close, and broadside to, a huge refrigeration type merchant ship of about 15,000 tons. Suddenly, a high, thin geyser of water shot up from the ship's bow and another from the stern. The almost instantaneous explosions shattered the early morning calm. Both our fore' and aft' lookouts were excitedly reporting 'torpedo attacks,' and the fun began.

"Altering course 90° we immediately made contact with the sub, and in repeated attacks we dropped forty-two depth charges. Finally, our asdic gear, radar, lighting, and compass were all inoperative due to the terrific reverberations from our own charges, and we were ordered to rejoin the convoy, which

(Continued on page 32)

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# THE 5 O'CLOCK ORATOR

By RON BAYNES

Its causes and its cure

Many man-hours expended at mess meetings during my service career have left me with a formidable knowledge of its hazards, and have caused me to devote extensive research to the problem of the five o'clock orator. The results of my study are herewith presented in condensed form as a guide for institute and mess members faced with the problem of the five o'clock orator — the member who launches into brilliant and involved discourse at or about five o'clock, thereby frustrating the desire of his fellow members to turn to less stern business.

I have categorized various types of the Five o'clock orator encountered in a country-wide survey, with the habits and peculiarities of each. Beneath I have appended the suggested remedying procedure, based on actual experience in similar situations.

#### TYPE 1 — The Man with a Mission (with late-blooming characteristic)

Type 1 is found at all sessions in all units, and presents a special problem for the mess-member. To begin with, he is hard to identify before the moment at which he strikes. This is due to a characteristic of the species which never varies. Type 1 will sit in silent, growing horror, and disbelief as views opposed to his own roll from the lips of speakers. Only a bristling of hair above the collar-line will denote inner disturbance. Type One will say and do nothing as his agitation increases, although at the 4:50 p.m. stage, some squirming may be discernible. At 4:56 he reaches the critical point. Choked up with the massiveness of his mission, and by his pent up desire to steer the institute clear of catastrophe, he rises menacingly to an upright position. The dam breaks. It is the moment of truth. At this point there is no turning back, no effective remedy. Members are advised to assume comfortable position, get their private affairs in good order, and remember that there is more to life than idle pleasure.

**ANTIDOTE:** Identification in the early mute stages is essential. If this can be effected, the Type 1 addict must be ejected from the gathering, by subterfuge, disciplinary action or force. There is no antidote after the silent phase ends.

#### TYPE 2 — The Fighting Fool

Type two is characterized by a noisy approach which can be heard for some moments before his actual appearance, and which is characterized by off-stage shouts, curses and controversy. Pugnacious of demeanour and gait, Type two is an aggressive individual to whom life is one long battle. He will usually arrive at the scene of the meeting early to take up a favourable tactical position close to the podium. This is in line with his philosophy that the Meeting is one more battle, and with his strategic concept of "Get thar fustest with the Loudest." Type 2's belligerent expositions are marked by dramatic and defiant gestures, high volume and a suggestion of physical violence when contradicted. He thrives on opposition and is in fine fighting mettle when five o'clock arrives.

**ANTIDOTE:** Complete silence will take the wind out of Type 2 sails. With nothing to fight, he becomes unsure and hesitant, finally silent. This is appeasement but it beats listening until midnight.

#### TYPE 3 — The Financial Critic

Type 3 is a quiet and profoundly wary soul, and is characterized by a deep sense of suspicion where financial transactions are involved. Type 3's have been known to examine bills in the presence of the Accounting Officer on pay parades, and to attempt price-cutting tactics with supply clerks in clothing stores. This commendable spirit of conservative caution follows Type 3 into the mess meeting. The first mention of expenditures will bring him to his feet to battle inch by inch against the fuzzy thinking and deficit financing which have brought the modern world to the brink of ruin. He will pounce upon the drunken extravagance of the committee in the replacement of three ping pong balls, and warn against the folly of the donations such woolly headed projects as the crippled orphans' fund.

**ANTIDOTE:** A difficult problem. The cessation of all spending and a subsequent investment of all club funds into Canada Savings Bonds or other sound securities may be beneficial. In the case of bachelors the condition may be cured by wedlock.

(Continued on page 28)

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# NEWS IN PICTURES



—Photo Cpl. Noseworthy

WINNIPEG — Flight Lieutenant J. S. (Jack) Brock, an aircraft engineering officer at RCAF Training Command Headquarters, receives congratulations from Air Commo-

dore James B. Harvey, Chief Staff Officer, after being presented with a clasp to his Canadian Forces' Decoration in recognition of 22 years' meritorious service.



BRONC BUSTER—Curvaceous Mamie Van Doren reaches the screen as a rodeo trick rider in Warner Bros.' "Born Reckless," soon to be released. Here she is garbed in one of the eye-popping outfits she displays so effectively in the picture. The platinum blonde dynamo once was a Varga pin-up model and later a band vocalist before heading for Hollywood.



—Photos Askett

Group of Cubs of the RCAF Station Area who have just been promoted to Scout Status.

# RISE, SHINE and

# BE ON TIME

With new "how to" tips for beating the tardiness habit

HOW do you face the morning? Are you up when you should be—dressing, bathing, your breakfast routine pretty well charted—and to work on time? Then this story isn't for you. But if you defer the painful moment of wrenching yourself from bed as long as you can, then wander around sleepily without any particular plan, and find that you're too often late for work, then the advice offered here may prove helpful and rewarding. For chronic tardiness can frequently mitigate against periodic raises and greater job responsibility.

After years of hearing from people who conquered getting-up problems, the time-conscious folks at Westclox, whose "Big Ben" is almost a generic word for alarm clocks, recently assembled scores of ideas to help the slug-a-bed toward a new and better life. They have broken down their ideas on "how to rise, shine, and be on time" into four divisions: (1) ways to get up more easily; (2) how to speed breakfast; (3) techniques for dressing faster; and (4) leaving for work.

## 15 MINUTES

In the first category, ways to get up more easily, it's suggested that alarms be set about 15 minutes ahead of "out-of-bed" time. This allows for that extra yawning, stretching—the morning "orientation" period. Next, tackle the "hit-down" habit if you're so afflicted.

## TECHNIQUE

You should curb the tendency to bang down the alarm knob (often ferociously), turning over (angri-



An extra "drowse" period after the alarm first sounds in the morning can be good for the disposition. This young lady manages a smile as she sets her new type of alarm to sound again in 10 minutes. This particular clock just introduced by Westclox, gives the slumberer a choice of five or 10-minute periods of extra sleep — and the period can be repeated, too!

ly) and going back to sleep (deliberately). Today you can find clocks having an alarm which will ring a second time after giving you an extra "rest period." One such (named "Drowse") allows for two extra five or ten-minute sleep periods.

If you're a really heavy slumberer, a tried-and-true method is to place your clock across the room, perhaps on your dresser. Some people have found by resting the clock on a tin-pie-plate, on a bare wood surface, the alarm sounds gain additional resonance.

Consider next how to speed breakfast. One way is bring the morning "starter" to the bed. That's right. Keep a vacuum thermos of ice-cold water, fruit or vegetable juice on the night table (out of immediate reach). It's relaxing and leisurely, and an abbreviated form of room-service.

Try starting the coffee pot, which you loaded the night before, as soon as you arise. Not only does the aroma appeal to the olfactory senses, but a fast cup is a good early-morning pace-setter.

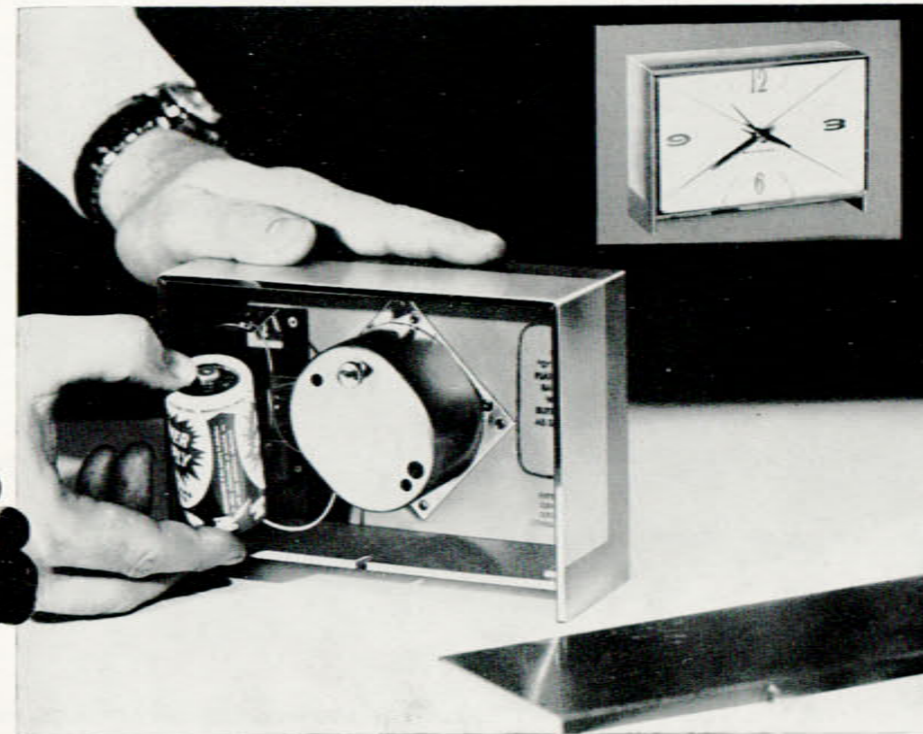
As for breakfast itself, think about the menu the night before. Also cut some of the preparation

steps. Before retiring, set out what doesn't need refrigeration (dry cereal, the sugar pot, etc.), fill the kettle or coffee pot, and arrange the kitchenware on the table. Your kitchen or dinette area should have a clock where you can see it easily while you eat.

## DRESSING FASTER

Regarding techniques for dressing faster, the theme is "plan ahead." Know what you're going to wear the night before, and arrange it in an orderly fashion. This habit will become second nature after a while. If the wristwatch is now the last thing you put on, try putting it on first—it makes you ever so much more conscious of time. There's a new watch-alarm type, whose alarm could be set for the time at which you want to be finished dressing. And why not try polishing shoes, if necessary, the night before. Wise men with light beards often shave then, too. Remember to speed up dressing, develop a routine—a grim work which in the practical lexicon means simply "know what's coming next!"

Finally, try not to think wor-  
(Continued on page 31)



A key weapon in fighting tardiness is, of course, a good clock. Here's a new cordless model which operates for nearly one year powered by standard flashlight battery. With its high reliability, this clock should be placed where you'll see it during your dressing-and-breakfast period. Inset shows front view of the clock. Incidentally, you can easily replace the battery yourself.

## FROM L. ONTARIO TO THE RED

WINNIPEG—Uprooted last month after nearly 30 years at Trenton, Training Command Headquarters has settled comfortably into the life of RCAF Station Winnipeg, with the problems and disturbance of the big trek west almost forgotten.

Located for so long on the shores of Lake Ontario, the Command had become an integral part of the local scene there, and will surely be missed. But the 200 personnel and their families who made the move are now well on their way to becoming Westerners, and are busy digging in for the long, crisp, invigorating prairie winter.

For some, like the Air Officer Commanding, Air Vice Marshal J. G. Bryans, CBE, CD, it's almost a homecoming. The A/V/M served here as commander of 14 Training Group from 1951 until succeeded by Air Commodore H. H. C. Rutledge, OBE, CD, in 1955.

He returns, supported by his chief staff officer, recently-promoted Air Commodore M. P. Martyn, CD, their nineteen staff heads and a total military and civilian cast of some 400, to take on a much bigger job.

Training Command HQ is responsible for supervision of about 15,000 air force personnel located at stations across almost the breadth of Canada, from Alberta to Quebec. Coming under its jurisdiction are 12 stations at Penhold and Calgary, Alta., Moose Jaw and Saskatoon, Sask., Portage la Prairie, Gimli and Winnipeg, Man., Clinton, Aylmer, Centralia and Camp Borden, Ont., and St. Johns, P.Q. In addition, the Command administers four auxiliary wings, the tri-service College Militaire Royale at St. Jean, P.Q., RCAF Staff College, Toronto, and the University Reserve Squadrons all over Canada.

From Station Winnipeggers and former Fourteen Groupers, a hearty welcome to the immigrants from Trenton.

See next page for review of Arrival





TRAINING COMMAND ARRIVAL IN WINNIPEG ON A CF-104 TWIN ENGINE AND  
AFTER BURNER. SECOND TRANSPORT STUCK IN THE MUD WITH FIVE ABOARD. SORRY

CECIL, THE SECURITY BULLDOG SAYS . . .

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*Water Nymph Judy MacIver*

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someone's imagination but honest  
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blue-eyed pixie with brains and  
personality plus. She lives in  
Winnipeg and is a model at Vi  
Cowdy's Modeling School.

Photo: Bud Askett

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*Judy MacIver*

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WINNIPEG 2, MANITOBA

## SENIOR NCO'S

# ENTERTAIN OLD VETS



Old Soldiers Never Die

Old soldiers never die . . . Nor will their rich memory fade insofar as the Sr. NCO's mess of this unit is concerned.

It all started about five years ago when FS "Bob" Hawes of 4 hangar, suggested that the mess play host to the veteran "shut-ins" of Deer Lodge Hospital. Since then, this function has become an annual affair. The members are proud, and mostly so, of being the only organization of its kind to sponsor such a warm and spontaneous event.

On Saturday, October 24th to be exact, was a big day for the boys at Deer Lodge. Nurses and aides were kept busy preparing their best patients for the "party" at RCAF Station Winnipeg. Those "vets"

who had been guests of the Sgt's Mess on previous occasions knew of the rich hospitality that awaited them. Those who had not participated in past years were alive with anticipation.

The club spared no effort or expense. With the full backing of our FSO, F/L J. Oliver and staff, a magnificent buffet luncheon was prepared. Mess members were on hand to host and assist in looking after these grand old soldiers. The Canadian Legion pitched in and provided the entertainment. The station "High Hats" rocked the rafters, and the honoured guests were bathed in the comradely atmosphere that they so dearly cherish.

The "old soldiers" conversation included: the Boer War, Reil Rebellion, World Wars I and II—not to mention the campaigns and skirmishes fought by former members of British expeditionary forces. The age range of our guests (70 to 95 years) was overshadowed by the youthful spirits shown.

Amid the laughter and gaiety of the occasion, one repeatedly heard both praise and gratitude expressed to the Sgt's Mess for their inauguration and sustenance of this outing. Our Commanding Officer, G/C Mitchell and CadO W/C Millar, also attended, adding their congratulations to the NCO's for a job well done.

# HUNTING

and

# FISHING

... with Cpl. Mel Dagg

MANITOBA'S big game season has certainly had a brighter outlook than at this writing in the latter part of October.

In my own particular hunting grounds in the south-west part of the province the snow is already a foot deep in the bush and the problem of transportation into the area is indeed grim.

By the time this appears in Voxair the season will be well under way and no doubt a lot of chaps will have been out and already collected their animal for this year. Best of luck to the rest of you chaps, because from where I sit and from reports sent to me from around the province the prospects could be a lot better.

The Whiteshell area has been opened for 200 special licenses this year. The deer population here is such that if it is not curtailed a starvation problem will face the deer herds this winter.

The area south of Souris for some 60 miles also has the same problem and if road conditions prevent hunters from getting into this area again this winter the chances of starvation are very great. Deer cannot increase in great quantities without eating themselves out of house and home. Thus they must either be controlled by restricted hunting or die.

The goose hunters of Manitoba have just been through the greatest two weeks of hunting that it has ever been my privilege to witness. I say witness, because despite all our efforts, and this included the removal of enough feathers to stuff a mattress, we did not manage to bag a single bird.

The cold snap which hit us the first of October brought the geese down from the north by the thousands. The fields around Meadows, which lies some 20 miles west of the city, where filled with birds. Many hunters went out there and came back with

their limits four and five days in a row. Personally, I thought I had seen some geese at one time or another but anything in the past was a drop in the bucket compared to the action of Thanksgiving weekend in this area.

Many ducks are still with us but with the weather cooling off daily they too are leaving. They were here last year until well on into deer shooting. I can recall pussyfooting through the bush looking for a buck and scaring some half dozen mallards off a small frozen slough.

At Gods River Lodge in North Eastern Manitoba, Major Paul Zanewich of the US-AF displays a few of the Canada and Snow Geese bagged at this lush Manitoba Hunting and Fishing area.



The goose and duck shooting has been quite good south of Winnipeg around the St. Pierre and St. Agathe area. Our heavy rainfall of late has put bodies of water all over the landscape and it does not take much imagination to realize that one can chase a duck for miles in this type of terrain.

Manitoba is blessed with an abundance of game of all shapes and sizes and one of the most popular for our winter sportsman is the ever present bush rabbit. Call him bush rabbit, or what you will, he is always around and can give you some of the best sport available anywhere. Quick and elusive he can outwit you at every turn, outrun and outsmart your dog and still be going strong when you are draped over a log somewhere.

Oh I know you went out and shot a dozen in a day. So have most of us, but if you will think back you will probably find that things were pretty much in your favor. Maybe an early snow changed the colour of his coat from brown to white and then the snow disappeared, leaving our bunny to stand out like a sore thumb for miles. However you did it, I'm still betting that to take a big bag you had things your way and the rabbit didn't really have too much of a chance.

## FOXES AND COYOTES

Foxes and coyotes have increased very rapidly of late in some parts of this province and many farmers and game groups are becoming more than concerned because of the loss of poultry and game birds. I have heard recently of some chaps taking a drive early one morning for some thirty miles along a well used road and during the course of this drive they bagged themselves seven foxes. True, this is indeed the exception for any area and the chances that some of these are from the same litter is quite good but the fact remains that the animals are quite numerous in some parts of the province and they do give excellent sport.

The use of a predator call for hunting fox and coyotes can give the hunter quite a helping hand and bring their game unbelievably close. These two particular animals are extremely crafty and any help that the hunter receives he generally needs.

Like the goose hunting that the boys have just experienced here, all good things must come to an end and with this edition of Hunting and Fishing your editor has also reached the end of the trail.

## LAST CALL

For two years this series has been printed under the byline of Toby but if you will notice I added my own moniker in this edition. It seemed a reasonable thing to do now that I am departing for farther fields.

Seriously speaking, your editor has enjoyed doing these articles for Voxair and I only hope that someone will come forward and take up the reins where I leave off. It is a satisfying job and I do hope that at one time or another someone on the station may have read this column.

Doing a series of this sort is by no means all roses. Many hours of work are involved in each edition. Constant contact must be maintained with the Game Branch and the Fisheries Division. Feelers must be kept out around the province to find out what is going on as well as an ever bent ear around the station. Coupled with your own photography it amounts to a bit of a job. However, as I said, it is a satisfying job and if someone who is genuinely interested in hunting and fishing were to take it over they would find that it has many compensations.

The high chief has handed me my transfer to Fort Churchill so I shall soon be leaving for the frontier of the north. Don't laugh chaps, it's sometimes catching, and besides that they have wonderful fishing and goose shooting up that way.

I would like to take this last opportunity to give a big thanks to both the Game Branch and the Fisheries Division of the province for their aid and information needed for my articles. Also a thank you to F/L Sotolov and staff of Voxair. Without their help and guidance this series would never have been produced.

Perhaps we shall meet again sometime, maybe even through the pages of Voxair. Surely there must be some hunting and fishing stories to come out of the north and if there are, I would be happy to see Voxair publish these tales.

I will leave you for the last time with the thought that a careless hunter or a fisherman is not only a fool but usually a dead one. Most of us would like to stay around for awhile.

Good "Hunting and Fishing without Toby" in the future.



The only fish in the world that are safe from Bob Hawthorne, holder of the World Accuracy Bait and Spin Casting Championship. Bob is pictured at the refinery aquarium of the Cities Service Oil Company which is sponsoring him at this year's world championships at Scarborough, September 23 to 27. Bob recently returned from Columbus, Ohio where he won the professional Accuracy Bait and Spin Casting Championships of the United States and also set new records in both categories.

EDITOR'S NOTE: Hawthorne placed first in two professional categories at Scarborough, the accuracy bait and spin casting and the skish bait accuracy casting events.

# Who is an Alcoholic?

An elaborate pattern of symptoms marks the full-fledged alcoholic. Two SIMPLE TESTS determine almost conclusively whether a man or woman has reached this stage.

1. Does drinking cause a continuing problem in EVEN ONE department (family relations, work, finances, etc.) of the drinker's life? If it does, the drinker is an alcoholic.
2. Is the drinker a compulsive drinker? When he takes one drink can he be sure when he will stop? For the alcoholic the first drink may set off a chain of drinking that he cannot break.

The non-alcoholic wisely stops drinking if it causes problems. The truth is that the alcoholic cannot stop drinking, no matter what his problems.

Many alcoholics are unrecognized as such even by close friends or family. The alcoholic is a sick man. He needs help. For further information consult:

Your clergyman, your family doctor, Alcoholics Anonymous (see your telephone directory), or the Alcoholism Foundation of Manitoba, 124 Nassau St., Winnipeg 13.

*One in a series presented  
in the public interest by the*

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Legislative Building, Winnipeg 1.



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"One thing Mr. Jones can't stomach is a clock watcher."

# Q TV TALK

Edited by ERNIE CARRIER

NOW ON TELEVISION . . .

## AUTHENTIC R.C.M.P. CASES



Above: the three members of the Shamattawa detachment. Left to right, Don Francks as Constable Mitchell; John Perkins as Constable Frank Scott; Gilles Pelletier as Corporal Jacques Gagnier.

"R.C.M.P.," a new television series which tells real stories of the Royal Canadian Mounted Police, started Wednesday, Oct. 28, at 7 p.m. CST on the CBC-TV network.

Thirty-nine exciting stories of the R.C.M.P. have been related to the life and times of the detachment at Shamattawa, a fictitious Canadian town. They tell the story of a modern police force at work.

"R.C.M.P." is the story of the three-man Mounted Police detachment at the fictional town of Shamattawa (population 4,000). The detachment, headed by Corporal Jacques Gagnier, maintains the law in the town and surrounding district. Thirty-nine exciting stories of the "Mounties" have been related to the life and times of the Shamattawa detachment. Members of the detachment find themselves involved in life-and-death struggles with crazed killers, rescuing a lost trapper in a raging blizzard, thwarting a bank hold-up in a blaze of machine-gun fire, rounding up safe-crackers and miscellaneous law-breakers, per-

forming an emergency appendectomy, investigating a rape case.

Occasionally a member of the detachment leaves Shamattawa on temporary duty; to be witness in an Arctic murder trial, to go "underground" to get evidence on a narcotics peddler, to attend a refresher course at Ottawa.

And threaded through the episodes, stinging them together, is the essential story of the Mounties: the daily routine, the discipline, the personal dignity that is part of every member of the best-trained police force in the world, the certain knowledge that to be a member of the Royal Canadian Mounted Police is important and worthwhile.

"R.C.M.P." does not concern itself with "scarlet-coated riders of the plains." Rather, it tells the story of a modern police force at work. Not only is it entertaining fare for television viewers of all ages; it adds dimension to the public image of Canada's world-famous Mounties.



Edited by JACK DUN

## Weight Training



Doug MacDuff, 15 year old cross country runner and miler develops arm and shoulder strength to aid his finishing kick.

Mr. Eugen Sandow, the immortal master of Physical Culture, a world leader in healthful living during the late part of the past century and the early years of this one said — "Life is motion".

Even the lowest forms of animal life follow their natural instincts for physical exercise, and they are healthy in their natural state. The desire for good health, physical attractiveness and muscular strength is born in everyone. Still despite this inborn urge, we follow an unnatural pattern of life which makes us as a nation, physically inferior to European countries.

During World War II, military rehabilitation centres in the U.S.A.

and Canada learned that weight training was invaluable in giving injured members of the armed forces fuller use of their limbs after serious injury. The trend in recent years among qualified physical instructors has been more and more away from the time consuming "keep fit calisthenics" and free hand movements. Even medical doctors agree that in weight training there is found that perfect balance of speedy muscle development without danger of any harmful reaction, which meets the exercise requirements of all individuals perfectly.

Hopeful athletes in all active sports have found that weight

training assists in developing greater power, co-ordination and physical drive and which in turn gives more freedom from injury in competition.

Old fashioned arguments that weight training can cause heart disease, hernia or rupture have been completely disproved. Professor Peter Karpovich, from Springfield College, Mass.

A recent report covering more than 33,000 cases of men who have trained with weights from several months to more than 25 years as well as youngsters of school age have found not one case of heart ailment due to right training. Blood pressure and muscular reaction was excellent. In further tests conducted by the same professor it was found that the speed and co-ordination of weight trained athletes was much quicker than that of a completely untrained individual.

There are airmen on this unit who have made sensational gains through weight training and in a very short time.

Classes are conducted in the Rec centre at the following times:

Monday, 1900—2100 hrs.

Tuesday, 1900—2100 hrs.

Thursday, 1900—2100 hrs.

Information concerning the above mentioned activity can be had by contacting Cpl. Gustafson at the Recreation Centre. (511).

# GIFT SHOP 1959



First customer G/C J. F. Mitchell



Partial view of the Gift Shop.

## THE GIFT SHOP IS NOW OPEN!

To all RCAF Members and their dependents

MONDAY, TUESDAY, THURSDAY, AND FRIDAY ..... 12 A.M. to 9 P.M.

WEDNESDAY ..... 12 A.M. to 8 P.M.

SATURDAY ..... CLOSED

SUNDAY ..... 3 P.M. to 9 P.M.

*The Smart Place to Christmas Shop*

Located in the old Drill Hall, east site.

## BANISH STALLING with EITHER GRADE OF GASOLINE

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**NO RUST**  
  
 Prevents the formation of rust in fuel systems.

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 Icing conditions more prevalent from 22° to 55° F. with high humidity.

**NO DEPOSIT**  
  
 Detergent action cleans carburetor and keeps it clean.

# "HAT TRICK"

WINNIPEG, Oct. 11—The crew of an RCAF Dakota, involved in two successful searches since leaving Winnipeg five days ago, tonight are airlifting a ten-year-old Indian polio patient from Yellowknife to Edmonton for emergency treatment.

The plane from 111 Composite Unit, captained by Flying Officer Ron Day of Saskatoon, left here Wednesday to join the search for five men missing on a flight from Edmonton to Mildred Lake, north of McMurray. They were found Thursday.

Before the plane could return to Winnipeg, another search developed for Henry Herring, pilot missing between Hay River and Yellowknife. F/O Day and his crew found Herring on a lake shore 30 miles northwest of Yellowknife late Saturday. Emergency gear was dropped and a civilian helicopter is expected to evacuate him tomorrow. Tonight, a request was received from the Superintendent of Indian Affairs at Yellowknife for the mercy flight. The patient should reach Edmonton early Monday morning.

By the time F/O Day and his

crew return to Winnipeg, they will have flown more than 4,000 miles in a mercy flight and two searches. Other members of the crew were: Co-pilot, F/O. W. R. Long, Winnipeg; Searchmaster, Squadron Leader T. B. Ianson, Winnipeg; Navigator, Flight Lieutenant J. W. Tetrault, Transcona; Radio Officer, F/L J. W. Smith; crewman, Leading Aircraftman W. J. Barnett, Grandview, Man.; para-rescue, Warrant Officer J. W. Jameson, Webb, Sask.; Corporal K. R. Hogg, Stratford, Ont.; and Cpl. J. Dyck, Carman, Man.; para-medic, Cpl. D. B. Hunt, Mose Jaw, Sask.



Jet planes from three countries — a Canadian Sabre VI, a British Hawker Hunter and a French Mystere — move along the flight line at Cazaux, France, during the international air-to-air gunnery competition sponsored by the NATO command of Allied Air Forces Central Europe. Eight teams from six countries took part in the contest. The team from the RCAF's NATO air division, based in Europe, won the Guynemer Trophy for placing first in the competition. —Public Information Office, 4th Allied Tactical Air Force, Ramstein Air Base, Germany

## THE FIVE O'CLOCK ORATOR

(Continued from page 11)

### TYPE 4—The Promotion Conscious Orator

Type 4 becomes a pressing problem in the period adjacent to the completion of promotion assessments. At this time, members should proceed with extreme caution. Type 4 is publicity conscious and also possessed of the spirit of ambition. He also has a fine sense of public-relations, and is aware of the circulation of mess minutes. Knowing a good advertising medium when he sees it, Type 4 will strive for maximum insertions of his message in this period. At other times of the year, he will be readily identifiable by a twitching of the neck and a peculiar rolling in outward directions of the eyeballs as he attempts to beat his opponents to the draw for the

privilege of moving and seconding. At promotion assessment times however his campaign assumes new proportions. He will be constantly on his feet, arguing, heckling, cajoling, paying compliments to, requesting estimates on, making appropriations for, passing resolutions and in general, raising hell around. A man with purpose, he is not easily sidestepped and time is no object. The presence of other Type 4 members, also striving for space in the favoured publication, often complicates matters.

**REMEDY:** Members are urged to make no plans for the evening of the meeting during this season. There is no legal remedy, though time may remedy the situation when the Type moves to a senior mess. Here the problem will be dormant for approximately thirty months.



# BOOK SHELF

By F/L E. TED TIEMAN

## Children of the Archbishop

NORMAN COLLINS

(Collins & Co.)

THE Archbishop Bodkin Orphan Hospital is a vast conglomerate of gloomy Gothic situated near Hatney Common, in London. It is full of good works, unbuttoned children, and the virtues of Victorian living.

We are first introduced to the hospital on a very wet night in the early twenties. An unknown girl, a victim of one of those countless untold tragedies, steps off a bus, carrying a baby, walks up to the hospital gate, deposits the baby on the doorstep, and then departs unknown into the rainy London night. Thus we are introduced to Sweetie, the heroine of our story, who having been deposited upon the slumbering hospital, proceeds to wake it up in no uncertain fashion, and hardly ever lets it slumber peacefully again.

Then there is Ginger, our hero. Ginger is already a member of the smaller fraternity of the hospital, and as most small boys generally manage to do, he has a large hand in helping to upset the even flow of relations within the hospital. Between them, when they eventually meet, Sweetie and Ginger are composites of two of the most delightful urchins who ever upset an ap-

ple cart. They proceed to rattle and rumple the lives of all the dogooders at the hospital with a naiveté and an artlessness that is engaging throughout the story.

It would be impossible here to outline the tale as a whole. Mr. Collins has written his story as a contemporary Dickens might have written it, bursting with characters, each carefully and accurately portrayed, and each fitting into the story, slipping easily into place, just as casually as an old shoe slips on without fuss or bother. It holds the reader with its fertility of plot and the imagination of its author, who truly must be an extraordinarily astute student of human society. How could he be other than this, when on one hand he faithfully portrays the cocky truculence of a small boy, enjoining his equally small friend to secrecy by threatening to "Bash yer 'ead orf if yer so much as breaves a word," and on the other he paints so accurate a picture of a mid-week tea at a Bishop's residence, a picture which is insidiously funny. For that matter, the whole story is funny, though there are times when pathos can be discerned amid the laughter, and sometimes even a little tragedy.

The important thing about this tale is that it is believable, for I am sure that almost all of us have encountered at some time or another, a counterpart of the characters who make up this story. Because the era is from 1920 to 1938, these characters will look different today, but underneath they haven't changed.

In reading the "Children of the Archbishop," readers will be re-introduced to Norman Collins' refreshing style, since his last publication was a wonderful novel about London, called "London belongs to me." This was published in 1947 and was subsequently made into a movie. It is a pity that Mr. Collins is not more prolific in his writing of novels. We could do with some more of his contemporary work.

### COVER STORY

"For in falling, they have flung the torch to us, so that we might continue to maintain the flame of liberty and civil rights in which they believed and for which they fought."

Photo: Cpl. Metcalfe



ADDS TO  
THE PARTY  
SPIRIT

**DREWRY'S**  
DRY GINGER ALE

**MANITOBA ANTHEM**

From this valley we hope to be going  
When at last we can travel alone,  
For we're sick of the cold and the dust storms  
In Toronto we'll find a new home.

For it's 40 below in the winter  
and it's 20 below in the fall,  
It just rises to zero in summer  
And we don't have a springtime at all.

O my grandpa came west in the 80s  
To the prairies where grain grew like grass  
But the wheat board and freight rates got grandpa,  
And grandpa went east second class.

Everyone in Toronto remembers  
Happy days when they lived by the Red  
But they wouldn't return for a million  
They'll tell you they'd rather be dead.

It was raining and snowing this morning  
at the corner of Portage and Main,  
Now it's noon and my basement is flooded  
And the dust storm is blowing again.

Come and pay for my fare if you love me  
And I'll hasten to bid you adieu  
So goodbye to the Red River Valley  
And its natives all shivering and blue.  
(Unknown author)

**RISE, SHINE . . .**

(Continued from page 15)  
riedly about leaving for work, while breakfasting—it's bad for the digestion! Too many of us gobble breakfast as we run for the bus, train or carpool. Just as breakfast should be conducted in a leisurely fashion, so should leave-taking. Parents should say good-bye to children warmly and gracefully.

If you're a front-door, front-hall "leaver" then a hall clock can be a wonderful asset. Don't worry if you have no electric outlet; there's a moderately priced cordless electric clock now offered which operates on a single ordinary storage battery (the type used in flashlights) for almost a year. If you leave via the kitchen, then assemble what you need in one "staging area." Put everything you plan to take to work in a single, set place.

A few final words. If you're interested in trying these techniques so as to avoid the boss's baleful glances, don't put them all into operation at once. Think about each of the four categories—see which tipe fits you best. Above all, use

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the evening before to plan your moves wherever possible. Then you'll be able to manage getting-up with fewer cusses and lost more smiles.

## PERSONALITY

(Continued from page 9)

was now a mere speck on horizon.

"We had no positive proof of the submarine's destruction, but the experts, after studying our sonar charts and attack patterns chalked it up as a good probable."

There were other highlights, some funny like the time in dense fog, when we were ready to ram a sub, and it turned out to be an iceberg. Some sad, but the war ended, and, with it, my navy career.

Our personality of the month found "civvy" street somewhat different, and not being footloose and fancy-free any more, he tackled the job situation. Jobs were plentiful, but for one with no previous experience the pay was not. It was at this point that an appreciative eye was cast at the RCAF recruiting campaign.

In June, '48, Cpl. Allbright joined up and took this initial course radio operating at the Communication School in Clinton, Ontario. "Dit Happy," is the expression used at 2AOS.

Among his more notorious posting, Jack mentions Churchill, where his youngest daughter, Aileen, was born. "I'm afraid to tell her," he said. "A background like that could ruin a girl socially."

Jack, his wife Dorothy, and their three children are now residing at 215 Ness, and are all enjoying the big city life again. "It reminds me of home," says Dorothy. (Toronto, naturally.)

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