



Free
 CFANS Update Page 4
 Military Flights Page 5
 Answers to
 Last Week's Puzzle Page 9

CFB/BFC Winnipeg
 6 February 1991

402 Sqn's Reserve Assoc. Makes A Difference

by Lt Monika G. Feist

Loyal, good friends are hard to come by, so that when we do find them, we value them highly.

Usually, those same friends work quietly in the background and ask for no special recognition. 402 "City of Winnipeg" Squadron counts itself fortunate in having many friends who have stood by the unit over the years.

In this Voxair article, 402 Squadron would like to acknowledge the countless contributions made by one particular friend — the "City of Winnipeg Reserve Air Force Association". The Association is made up of more than 500 former 402 members and friends from recent times and as far back

as the early days of the Squadron in the 1930s.

Since its formation in 1974, the Association's members have dedicated a multitude of volunteer hours for the benefit of the Squadron. The Association has organized and provided funding for the Squadron's last three reunions (1974, 1978 and 1983) and it is actively involved again in 1992's August reunion, the Squadron's sixtieth anniversary.

Museum formed

Following the last reunion, Association members noted that they had a collection of donated films, books, historical artifacts

such as medals, log books and personal papers, as well as more than one thousand photographs and negatives (now more than 3,000). What followed was the birth of a 402 "City of Winnipeg" Squadron Museum, housed at the Western Canada Aviation Museum.

A number of Association members began volunteering their time regularly during the week to organize the materials at their museum. In the process, they obtained several grants to mount two free-standing displays depicting the history of the Squadron and the medals of former 402 Squadron Leader Jeff Northcott, and hired summer students to carry out an oral history project and a cataloguing project. From all this it is hoped that a squadron history book will be published, in time for the Squadron's anniversary next year.

The Association has contributed to 402 in other ways as well. For the last fifteen years, the Association has presented the best 402 Junior Ranks' Airman/Airwoman Award at its Annual Jack Reeve Award Dinner, held in memory of a 402 crewman who was killed in an airplane accident while on duty with the Squadron in Thunder Bay in the early 70s.

Its members have also built a special display case for the first RCAF Ensign, presented by King George VI early in the Se-



Taking a break in front of the Jeff Northcott display built by the City of Winnipeg Reserve Air Force Association are Association secretary Doris Newsome and Association president Jim Caldwell, volunteers to the 402 Squadron Museum. Squadron Leader Jeff Northcott was one of many outstanding pilots with 402 during World War II.



The 402 Squadron recipient for the 1990 Jack Reeve Award as the outstanding airperson of the year was named at the City of Winnipeg Reserve Air Force Association this past November. Shown (left to right) are Frank Klaponski (Association historian), LCol Bob Patrick (402's Commanding Officer), Mrs. Jackie Hall (presenter), MCpl Jeff O'Leary (award recipient), and Jim Caldwell (Association president).

cond World War to 402 then known as 112 (AC) Squadron. That display is on loan to Air Command Headquarters.

Says LCol Bob Patrick, CO of 402, "I think that the Air Force is lucky to have the RCAF Association to look after it, but I don't think that there are too many squadrons which have just one organization looking after them as 402 does.

"We're very appreciative of the efforts and initiatives that the members of the City of Winnipeg

Reserve Air Force Association have carried out on our behalf. They've made a difference in the way we look at our Squadron's history and the people who made it the great Squadron it is."

For more information, please contact:

Lt Monika G. Feist
 Public Affairs Officer
 402 "City of Winnipeg" Squadron
 Phone: 942-0489 bus.
 783-5947 res.

CT-142 Navigation Training Begins at CFANS



CT-142 Navigation Trainer is becoming a familiar sight in the skies around Winnipeg.

On Monday 14 Jan 91 Basic Air Navigation Course 9101 (see photo) began classes at CFANS and became the first group of students to train on the CT-142. The Course is expected to run for 11 months with an anticipated graduation date of 19 Dec 91.

At present three of the four CT-142 Navigation trainers are here in Winnipeg. Aircraft 803 is

currently being updated to final production specifications; a process that 804 will undergo upon completion of 803. The last aircraft (142806) is anticipated to arrive from De Havilland Division, Boeing of Canada Ltd., on 8 Feb. 91. This will complete the CF fleet of six Dash 8 aircraft (including two CC-142s) located at CFB Winnipeg.



BASIC AIR NAVIGATION COURSE 9101
 (Left to Right): OCdt J.A.S. LaMarche, 2Lt R.A. Pitcher, OCdt J.R.S. Carignan, OCdt R.R. Tarzwell, OCdt J.G. Newbigging, OCdt W.A. Nemet, 2Lt J.Y.A. Charette, OCdt C.D. Burt.



B. Sweeney

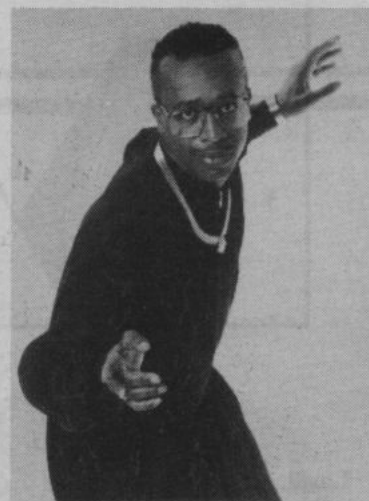


music reviews and syndicated columnist

Musical Potpourri

Alannah Myles clicked with "Black Velvet" and "Love Is" and Rita MacNeil made yet another Canadian tour and released "Home I'll Be" to critical and commercial raves.

It was a year that saw major record companies purchased and the death of the long playing album. As CD and cassette sales rose, the talk went to digital audio tape, or DAT. But, now the Q-sound has arrived and how far away can an affordable, home-recordable CD be away from the consumer's market?



MC Hammer

A Year — Not a Review

As the memory of 1990 fades into collective memory it may be worth at least one more reflective look. 1990 with its political and economic problems may well have only been a harbinger of worse times ahead. Whenever times are bad, people look for escapism and in the past year we saw some of the biggest musical happenings in history. Rap was supposed to be a short lived fad. It proved otherwise as MC Hammer went over the 10-million mark in sales for "Please Hammer, Don't Hurt 'Em" and, as of this writing, Vanilla Ice has moved in excess of six million units of "To The Extreme".

It was the year of the female entertainer as Madonna continued to dominate the charts and new artists like Mariah Carey made giant strides. It was also a

year that saw Sinéad O'Connor, Heart, Bette Midler and Whitney Houston return with music that has spilled over into this year's best seller listings. Perhaps the biggest phenomenon to occur last year was the trio of Wilson Phillips, second generation popsters, who topped with "Hold On", "Release Me" and "Impulsive".

On the country side, established artists like Randy Travis, George Strait and Alabama continued their winning ways, but it was also a year that saw Garth Brooks become a heart throb and Carlene Carter make a triumphant return to the charts. Canadian legend Stompin' Tom Connors wrapped up his 70-date, six-month, cross-Canada tour with a pair of sold-out shows at Toronto's Massey Hall on October 24th and 25th. To pay

tribute, Capitol Records arranged for a four colour mural of Stompin' Tom to be painted by artist Bill Wrigley. The mural is 60 feet wide by 28 feet high.

1990 was a year that saw Canadians move even further into the international spotlight as



Stompin' Tom Connors

It was a year that saw the return of Bill Medley and Bobby Hatfield, better known as The Righteous Brothers, thanks to the runaway success of *Ghost*. It was a year when the Neville Brothers finally received the recognition they deserve and it was a year that saw record companies release multi-cassette (or CD) collections. It was a year of the *Pretty Woman* soundtrack and a year that saw Paul McCartney set new records for a world tour. It was the year of The

Stones' Steel Wheels tour and a Paul Simon release. It was also the year that saw Janet Jackson reach new heights and Paula Abdul become one of the biggest stars in the industry. It was also the year that Milli Vanilli returned their Grammy award. It was a year that we awaited with great anticipation a mid-January date that became the harbinger of our greatest fears.

With war in the gulf, higher prices, GST and doom and gloom news broadcasts, people will probably rely more on temporary escapism through music and movies. Some of the top flicks include *Edward Scissorhands*, *Dances With Wolves*, *Home Alone* and *Kindergarten Cop*. In the top ten this week are: *The Simpsons* (Sing The Blues); *The Black Crowes* (Shake Your Money Maker); and, of course, MC Hammer, Vanilla Ice and Wilson Phillips. Happy listening.

Attention All Cougars Past and Present

410 Sqn. will be celebrating their 50th Anniversary.



A Reunion/Celebration is scheduled for 28, 29, and 30 June 91. At CFB Cold Lake, Alberta

Preparations are under way so plan to attend now. Enquiries may be sent to:

Maj Dave Tower
410 Tactical Fighter Sqn (50th Anniv)
Medley, Alberta
TOA 2M0

Tel: Autovon 520-8907 during work hours.



Commanding Officer
H.M.C.S. Terra Nova

From Commander S.D. Andrews, CD

Dear Col Armstrong,

Her Majesty's Canadian Ship TERRA NOVA recently received the cards from your Base and the city of Winnipeg in our latest mail dispatch from Halifax. They have been made available to the ship's company for all to view and enjoy.

The Canadian Navy has not seen this magnitude of support in years. It has kept my officers and men quite busy keeping up with the responses.

Please convey the following message to the volunteers who gathered the Season's Greetings: "On behalf of my officers and men, I would like to extend my appreciation for your cards and warm wishes for TERRA NOVA and offer Season's Greetings to you and your families. It is heartwarming to know that we are in the thoughts of so many people back home this holiday season."

Yours aye,

Voxair

VOXAIR OFFICE HOURS:
MONDAY and THURSDAY 1-4 p.m.

TELEPHONE
889-3963

FOLLOWING THE CANADIAN FORCES

HEURES DE BUREAU — VOXAIR
LUNDI et JEUDI de 13h à 16h

Telephone-answering system operates remainder of week/Repondeur automatique pour le reste de la semaine
Produced by/Produit par XACT Inc. /Phone 889-3013/Fax 888-0715

Editor-in-Chief/Rédacteur-en-chef	- LCol J. Forestell	- 833-5281
Managing Editor/Directeur-Gérant	- Capt Tom Walls	- 833-6741
Production Editor/Production	- Capt Wayne Joy	- 833-5136
Assistant Editor	- Lt Kim Lachance	- 833-6671
Assistant Editor	- Colleen Guntner	- 889-3963
Assistant Editor	- 2Lt Marianne Kaduck	- 833-5226
Business Manager	- WO Rick Shantz	- 833-5230
Accountant/Comptable	- Cpl Chantale Duchesne	- 833-5391
Office Manager/Chef de Bureau	- Anna Springer	- 889-3963
Advertising/Publicité	- Mr. Jim Holland	- 832-0115
Accounts	- Pte Suzanne Legge	- 833-6935

VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published every two weeks under the authority of the Base Commander, Col. H.C. Armstrong, CD. Opinions and views expressed do not necessarily reflect those of the Editor, the Base Commander or the Department of National Defence. The Editor reserves the right to edit or reject any editorial or advertising material. Correspondence should be addressed to: VOXAIR, Bldg. 4, CFB Winnipeg, Westwin, Manitoba R3J 0T0.

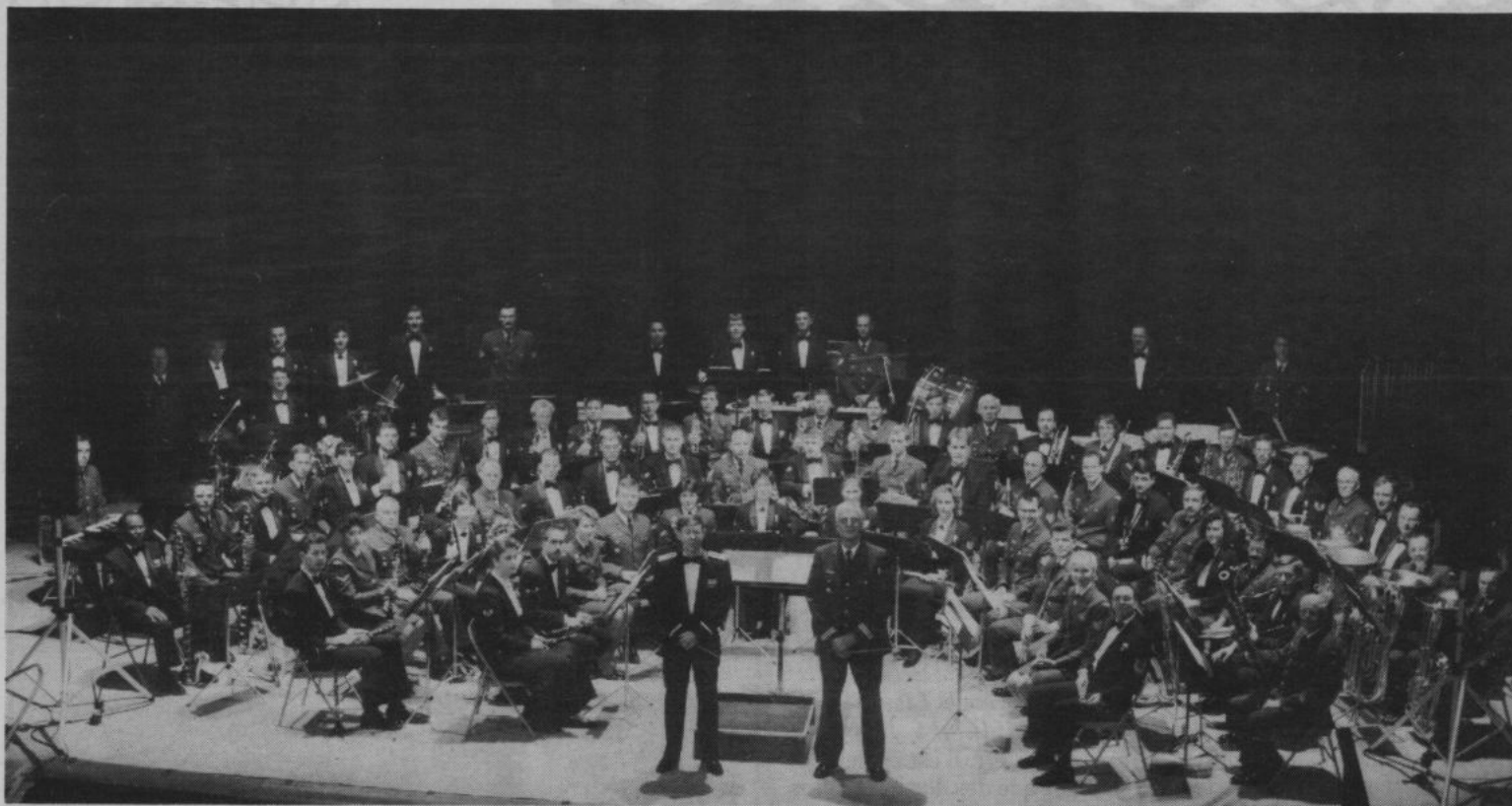
VOXAIR est le journal non officiel de la BFC Winnipeg et est publié avec la permission du Commandant de la Base, le colonel H.C. Armstrong, C.D. Les opinions et les points de vue qui y sont exprimés ne sont pas nécessairement ceux de l'éditeur, le Commandant ou le ministère de la Défense nationale. L'éditeur réserve le droit de modifier ou refuser la publication d'un article ou d'une annonce publicitaire. Toute correspondance doit être adressée à: VOXAIR, Bldg. 4, BFC Winnipeg, Westwin, Manitoba R3J 0T0.

DEADLINE 11 FEB 91/DATE DE TOMBÉE 11 FEB 91
NEXT ISSUE 20 FEB. 91/PROCHAINE PARUTION 20 FEB. 91

Second Class Mail, Reg. No. 1725 ISSN 0300-3213

BASE RECREATION LIBRARY HOURS
TUES., WED., THURS.
6:00-9:00 p.m.
WEDNESDAY
1:00-4:00 p.m.
SATURDAYS
1:00-4:00 p.m.
**New Location
3 Jameswood**

Air Command Band Schedule of Events



On October 6, the band performed a joint concert with the Strategic Air Command Band from Omaha, Nebraska at Pantages Theatre.

FRONT ROW from left to right

MCpl Fedoruk G., MCpl Patterson C., WO Koltun D., Lt Martin J., Maj Hilton KWG CD (OC), WO Franczyk P. (CSM)

MIDDLE ROW

Pte Sukhan D., Pte Whiddon R., Pte Platford K., Pte Chapman R., Pte Young D., Pte Taylor S., Pte Poitras M., Pte Wallbridge S., Pte Dickmeis R., Pte Tremblay J., Pte Choboter C., Pte Gerrie G., Pte Erdmann B., Pte Lenchuk R., Pte Gudmundson A., Pte Gill A.

REAR ROW

Pte Skwarok C., Pte Ilarde D., Pte Hanson T., Pte Quesnal C., Pte Froese J., Pte Taggart D., Pte Dumas L., Pte Saleem A., Pte Rottcher W., Pte Laudy V., Pte Cabezas I.

In a break from their usual busy schedule of touring, the Air Command Band plans to stay closer to home for the next few months. In 1990, the musicians travelled literally from one coast to the other, performing at the Nova Scotia Tattoo in Halifax, the Grey Cup in Vancouver and just about everywhere else in between. More tours are planned for later this year, with appearances in Edmonton, Colorado Springs, Trenton and Greenwood scheduled.

In the meantime, though, the band is preparing for a number of performances in and around Winnipeg. Several high school concerts are planned to entertain and inform students about music and the Canadian Forces. The band will also take part in events surrounding the Safeway World Curling Championships to be held on March 23-31 in Winnipeg.

The highlight of the spring schedule is the annual gala benefit concert at Centennial Auditorium on March 27 at 8 p.m. The program will showcase some of the band's talented soloists and will feature the Commandair's, Aircorn's exciting stage band. The Pipes and Drums of 402 Squadron will once again join the Air Command Band on stage as part of the airforce-influenced program.

Tickets may be purchased for \$8.00 at the door, from Select-a-Seat or by calling the band at local 5266. All proceeds from the concert will go to local charities.

BGen. Thibault Visits CFB Winnipeg



Brigadier General C.R. Thibault's first official visit to CFB Winnipeg as Chief of Staff Personnel and Training was an eventful and enlightening day for all concerned. Shown in these photos Brigadier General Thibault chose the less formal atmosphere of the Messes to meet Base personnel and discuss many concerns during his visit of 30 November 1990.

At the conclusion of the visit Colonel Armstrong presented Brigadier General Thibault with a CFB Winnipeg plaque to mark the occasion.



WINNIPEG JEEP EAGLE

1430 ELLICE AVE. 772-7772

BODY SHOP **AUTOPAC**

U-DRIVE Available

FREE Pick-up & Delivery

FREE Estimates



REPAIRS TO ALL MAKES AND MODELS.

OUR EXPERTS ARE:
WAITING FOR YOUR CALL:

1. **DIAL-A-CLAIM**
Simply Phone the Autopac Claim centre convenient for you.
125 King Edward 783-2114
1103 Pacific 788-4009
420 Pembina 475-1150
445 King 949-0872
2. Call **WINNIPEG JEEP EAGLE** at 772-7772 and ask for our Body Shop.
3. Our experts will gladly assist you with your claim, make arrangements for **FREE** pick-up and delivery and use only original equipment for your car or truck.

Mopar **Autopac**
GENUINE PARTS

GENUINE PARTS

ORIGINAL EQUIPMENT FOR:

Jeep Eagle **CHRYSLER**

CUSTOMER CARE
You can depend on it!



CFANS UPDATE

In a previous edition, the staff of the SANC (Staff Air Navigator Course) Flight were introduced along with a promise for further details on the course itself. The aim of the SANC is to provide advanced training to develop the operational, technical and training techniques associated with the Air Navigator Occupation.

Students on the course will learn about technological and operational developments related to navigation, communications, sensor and weapon systems. The course will last seven (intensive) weeks and will include 40 periods

on navigation systems lectures, 20 on electro-optical systems, 17 on radar systems, 14 on aerodynamics and aircraft performance, 14 on statistics, 10 on communications, 30 on airborne instruction; as well as weapon systems, research, management, and the Defence Program Management System.

In the next edition, look for photos of the SANC Flight personnel and the brave men of Course 9001.

On Friday 25 Jan 91 CFANS held a Staff Ground Training

Day. The day was spent preparing the staff for instructional duties on the CT-142's. The first students will begin flight training aboard 'Gonzo' later this month. That same day Course 9007 organized a Sports Day for all CFANS students. There were no reports of sprained ankles so the Volleyball Tournament was a success.

At press time, an acceptance team from CFANS was scheduled to fly to Toronto and conduct acceptance trials at De Havilland on the fourth CT-142, aircraft 806.

Hopefully, the last aircraft in the Dash 8 fleet will arrive in Winnipeg before the end of this week.

Valentine's Day takes on greater significance this year for some individuals at CFANS. No, the School has no plans to reunite all those involved in long distance romances (with the possible exception of Capt Pye). Thursday 14 Feb 91 is the date for the graduation ceremony, dinner and dance for Course 9003. Don't just give your spouse/friend flowers or candy this year. Take that special person out for dinner. Not



only will you score points on the home front but you'll be showing your esprit de corps as well. Just a reminder that all guests should be seated for the Graduation Parade at 18:45 and dinner starts at 20:30. See you there.

Des Videos en Français

Depuis quelques temps déjà, la bibliothèque de Saint-Boniface offre une excellente collection de vidéos en français. Il est possible d'emprunter ces vidéos à raison de trois par personne et ce pour une durée de trois jours, tout cela sans frais.

Compte tenu du fait que des films francophones ne sont pas disponibles dans les boutiques de vidéos à Winnipeg (hormis *Le Déclin de l'Empire Américain* — doublé par dessus le marché), il est de bonne augure que la bibliothèque de Saint-Boniface offre un tel service. Il est tellement agréable de pouvoir regarder un film de qualité en français dans la tranquillité de son foyer entre amis. En offrant un tel service, la bibliothèque se met sans contredit au service de la communauté francophone de Winnipeg. C'est précisément ce genre d'amélioration significative qui nous aide à profiter de notre langue et de notre riche patrimoine culturelle en dépit de l'om-

niprésence du fait anglais, sans parler du nombre de canaux de télévisions anglophones à notre portée. Cette initiative des responsables de la bibliothèque de Saint-Boniface est vertement louable; en instaurant ce service, la bibliothèque devient sans doute une chef de file non seulement au Manitoba, mais au Canada tout entier.

Parmi la collection imposante de vidéos disponibles, on retrouve de réels classiques, autant français, que québécois, sans oublier des longs métrages traduits de l'américain et de l'anglais. Entre autres, on retrouve *Jesus de Montréal*, *37°2 le Matin*, *Danton*, *Les Ripoux* et la nouveauté *Ripoux Contre Ripoux*, *3 Hommes et un Couffin*, *Bonheur d'Occasion*, *Carmen*, *Jean de Florette*, *La Vie est un Long Fleuve Tranquil*, *Le Temps d'une Paix*, *Le Matou*, *Les Misérables*, etc. Du côté des films traduits, on retrouve également des films bien cotés, tel que *Platoon*, *Karat Kid*, *The Rain Man*, *The Tenth*

Man, *The French Lieutenant's Woman*, *Midnight Express*, *Gorky Park*, etc. Il est également à signaler que des documentaires à propos de toutes sortes de sujets d'actualité sont également disponibles, dont des programmes de Jacques Cousteau et du National Geographic.

Par le temps qui courent, louer des vidéos régulièrement peut rapidement devenir onéreux ... et habituellement, on ne peut les garder que 24 heures. A la bibliothèque de Saint-Boniface, on ne peut vraiment pas se tromper puisque l'emprunt dure trois jours et il demeure est tout à fait gratuit ... à moins, bien sûr, qu'on ne les rende en retard! Ça en vaut bien le détour! La bibliothèque de Saint-Boniface se trouve à l'angle des rues Taché et Provencher et pour emprunter des livres ou vidéos, il faut être muni d'une carte de membre. Finalement, le numéro de téléphone de la bibliothèque est le 986-4330.

— un article de Eric Le Marec

CD Clasp Presented



Sgt John O'Neil joined the C.A.F. in Sept. 1968 as an airframe tech. He completed his trade training at CFB Borden in 1969. He is currently NCO I/C of Aircraft Maint. Support Equipment section. Sgt John O'Neil came to us via CFBs Moose Jaw, Baden, Moose Jaw and 303 TSO Oakville Ont. His interests are antique cars and his hobby farm.

Professional & Business Directory

CHAPMAN GODDARD KAGAN TALLIN & KRISTJANSSON
BARRISTERS & SOLICITORS

George E. Chapman, Q.C. George A. Derwin, B.A., LL.B. A.F. Kristjansson, Q.C.
Donna G. Kagan, LL.B. Alan R. Goddard, B.A., LL.B. Bryan J. Peters, LL.B.
Kelly P. Land, B.A., LL.B.

1864 Portage Avenue Phone 888-7973

NEMY, BROWN & ROY
Barristers Solicitors Notaries

Barry A. Roy, B.A., LL.B. John C. Brown, B.A., LL.B.
Jack M. Rabkin, B.A., LL.B.

200-2727 Portage Avenue (Courts of St. James Shopping Centre)
Phone: 888-8890

RUTLEDGE & DYKER
R.F. RUTLEDGE, B.A., LL.B.—A.L. DYKER, B.A., LL.B.
COUNSEL — A.I. UNGER, B.A. LL.B.
COUNTRY CLUB PLAZA
310-3025 PORTAGE AVE. 888-3204 FAX: 837-3638

BEGIN & DOYLE
JILL BEGIN, LL.B. WILLIAM DOYLE, B.A., LL.B.
BARRISTERS & SOLICITORS

FREE OFFICE CONSULTATION

427 Academy Road (at Niagara), Upper Level
Winnipeg, Manitoba R3N 0C2

488-3337

BALDWINSON AGENCIES
Rec Centre (Whytewold Rd.)
Autopac 889-2204

TUXEDO PARK HAIRSTYLING & BARBERING
146-2025 Corydon Avenue, Winnipeg, Man. R3P 0N5

BEAUTY SALON 489-9079
MONDAY-SATURDAY HOURS: 9-5

Cuts - Perms - Colours - Shaping
For Men, Women and Children
MEN'S HAIRPIECES FITTED

MEN'S HAIRSTYLING & BARBERING
489-7997
CLOSED MONDAY
HOURS: 8-6, SAT. 8-5

The ARGUS Hobby Shop
(Overlooking Runway 36)

- Decals
- Vacu-forms
- Magazines
- Miniatures



- Model Kits
- Books
- Games
- Paints

Telephone: (204) 837-7677

5-2082 Ness Avenue, Winnipeg, Manitoba R3J 0Z3

SILVER HEIGHTS
DRY CLEANING CENTRE

837-7209
Professional Cleaning & Pressing
Special Rates on Uniforms
2249 Ness Avenue

NEXT VOXAIR DEADLINE 11 FEB. 91

Nationair Chartered Military Flights

As you probably already heard, DND has set up a commercial charter with Nationair to take over domestic and international service flights previously flown by the Boeing 707. These flights have been operating quite smoothly since they were initiated on 17 January 1991. They are a reliable means of transportation, as Nationair will replace a disabled aircraft within six hours of a breakdown.

The aircraft used is a DC8-62 with a 170 passenger configuration, which is the same number of seats as the Boeing. The backup

aircraft will be a DC8-61 or a B757. However, even if the aircraft can accommodate more passengers, the Air Movements Units and Sections will only be boarding 170 passengers. There will be no seat assignment on the domestic portion, but seats will be assigned on the international legs.

This service operates through the military airfields (with the exception of Vancouver), so passengers still report to the military Air Movements Units and Sections until 31 March 1991, when this chartered service

terminates.

Passengers are reminded that check-in times terminate one hour prior to flight departure, and that the fifty lb. baggage limitation has not been altered. All previous rules and entitlements continue to be followed, except for the \$3.21 boarding fee for leave travel (vice \$3.00) due to the GST. Arrangements for Priority 4, 5, and Opportunity travel are still in effect. Please contact the Air Movements Section at 833-5623 or 833-5622 after normal working hours for additional information.

The international and domestic schedules are found hereunder. All times are UTC (local times are in parentheses).



Military personnel disembarking from the first Nationair DC8 chartered flight on 17 January 1991.

CFB Winnipeg Warrant Officers and Sergeants Mess (N)

Valentines Dinner and Dance 16 February 1991

Dance to the Music of the Band

★ MATCHED SET ★

Candlelight Dinner Served at 1900 HRS

MENU

- Fresh Pineapple & Melon Ball Cup
- Coquille St. Jacques
- Tossed Salad with House Dressing
- Boneless Rock Cornish Hen with Wild Rice Stuffing
- Duchess Rosette Potatoes and Fresh Peas
- Small Onions with Miniature Carrots
- Fresh Rolls & Butter
- Swedish Chocolate Ice Cream

DOOR PRIZE

A Romantic Getaway Weekend for Two
at the Birchwood Inn!

Tickets on Sale 23 Jan to 5 Feb 1991

\$35 per member couple

\$45 per guest couple

— Wine for the meal can be purchased at the bar. —

INTERNATIONAL SCHEDULE

Wednesday

ARR	PLACE	DEP
SF 765	Ottawa	0200 (2100)
0915 (1015)	Lahr	1230 (1330) SF 766
2045 (1545)	Ottawa	

Sunday

SF 765	Ottawa	0200 (2100)
0915 (1015)	Lahr	1230 (1330) SF 766
2045 (1545)	Ottawa	

DOMESTIC SCHEDULE

Monday / Thursday

ARR	PLACE	DEP
SF 711	Ottawa	0215 (1715)
2345 (1945)	Shearwater	0045 (2045) SF 712
0235 (2135)	Ottawa	

Tuesday / Friday

SF 714	Ottawa	1400 (0900)
1445 (0945)	Trenton	1545 (1045)
1820 (1220)	Winnipeg	1850 (1250)
2050 (1350)	Edmonton	2135 (1435)
2300 (1500)	Vancouver	

Saturday

SF 715	Vancouver	1730 (0930)
1850 (1150)	Edmonton	1935 (1235)
2115 (1515)	Winnipeg	2145 (1545)
2355 (1855)	Trenton	0055 (1955)
0140 (2040)	Ottawa	

Wednesday

SF 713	Vancouver	1500 (0700)
1620 (0920)	Edmonton	1705 (1005)
1845 (1245)	Winnipeg	1915 (1315)
2125 (1625)	Trenton	2225 (1725)
2310 (1810)	Ottawa	



AUTOPAC

Baldwinson Agencies Ltd.

AUTOPAC

Base Insurance Office

WE'RE HERE TO SERVE YOU

February Office Hours

BLDG 90 (REC CENTER)

WHYTEWOLD RD
MONDAY TO FRIDAY
8 AM TO 5 PM
889-2204 888-4763

2255K NESS AVE

MONDAY TO FRIDAY
9 AM TO 9 PM
SATURDAY
10 AM TO 6 PM
832-9114 831-9089

Serving the Military for over 15 Years

Winter Getaway Draw Winners



LCol Forestell presents the winning prizes to L-R: Mr. John Mason, Pte Joanne MacDonald and Sgt Barb Tower.

On Friday, December 14, Colonel Armstrong drew the winning tickets in the Air-Com/CFB Winnipeg Get-Away Draw. The three prizes, each consisting of two tickets anywhere Air Canada flies in North America, were awarded to Sgt Barb Tower, B Sup, Mr. John Masson, 401 CFTSD, and Pte Jo-Anne MacDonald, ARGHQ (although it took a while for her to believe us...). When last seen, Sgt Tower was heading East, Pte MacDonald, West, and Mr. Masson was undecided.

Prizes were also awarded to the two top CFB Winnipeg ticket sellers. \$100 went to Sgt Norm Best, Base Traffic, for selling a whopping 125 tickets, and \$50 to Sgt Bullis, BEME, for selling an equally respectable 41!

A total of \$7500 was distributed to charities as follows: \$3000 to the Christmas Cheer Board of Winnipeg, \$200 to the Military Police Blind Fund and \$4300 to the CFB Winnipeg Family Support Centres.

A big thank you is expressed by the Base Commander to all ticket sellers and support workers, and to all who participated in making this charity event a great success.



Col H.C. Armstrong draws the winning tickets for the Winter Get Away Draw. Looking on are 2Lt Kaduck and Sgt MacPherson.



LCol Forestell presents Carol Barton of the FSC and MWO Gosse of Military Police with cheques.



Sgt Norm Best and Sgt L. Bullis are presented their Top Ticket Seller Awards from LCol J.M. Forestell.

Militia District Promotion Parade Corner



Most recruits will recognize their District Recruiting Clerk, M/Cpl Leslie Ryan. She received her promotion on the 1st of November 1990. Presenting her with the promotion is Maj. Brian Batter, CD.-OMM. of Manitoba/N.W. Ontario Militia District.

OTHER PROMOTIONS:

CWO Phillip Dawes, CD, Int. Sec., Promoted 14th Dec 90 by L/Col Ivan Poitras. CWO Dawes had been appointed RSM of 17 Svc Btn in Feb/90.

M/Cpl M. Mutch, of the Q.O.C.H., promoted to M/Cpl during a regimental parade on the 31st Oct/90. M/Cpl Mutch is tasked to Training Garrison at this time.

M/Cpl Chris A. Patterson, of the F.G.H. promoted to M/Cpl during a regimental parade on the 6th of November 1990. M/Cpl Patterson is tasked to Training Garrison at this time.

W.O. D. KOLTUN, of the FGh, promoted to the rank of W.O. during a regimental parade by L/Col GWIAZDA (C.O.) on the 1st December 1990.



Manitoba/N.W. Ontario Militia District Sit Rep



First Female Infantier for the Queen's Own Cameron Highlanders



Pte Tracy Painchaud (left), acts as Number Two on the 84 mm Karl Gustaf anti-tank weapon during a heavy weapons shoot at CFB Shilo this fall. Firing the weapon is 2Lt Tony Fiorino. The Camerons also trained on grenades and the 9 mm pistol during the exercise.

Tracy Painchaud didn't waste much time in taking advantage of the change in policy that allowed females into Combat Arms positions in the military.

The 17-year-old student at Glen Lawn Collegiate promptly marched down to the Reserve Army recruiting office at Minto Armoury last spring and signed up for the Infantry. She successfully completed the enrollment program, and this past May, Pte. Tracy Painchaud proudly became the first female Infantier to be sworn-in as a member of the Queen's Own Cameron Highlanders of Canada.

Pte Painchaud is not the only female in a Combat Arms position in the Manitoba/N.W. Ontario Militia District however. The Royal Winnipeg Rifles have two females in Infantry positions and there is one female "crewman" with the Fort Garry Horse.

Pte Painchaud travelled to Vernon, B.C. this past summer for her Basic and General Military training courses and is now training in regular duties with her Regiment.

Pte Painchaud says, to her, the Infantry presents the type of challenges and experiences that would not be available to her in any other branch of the military. She cites the physical demands and the quick decisions needed by the Infantry just to stay alive in their hostile environment as the type of the activities she eagerly looks forward to.

Pte Painchaud says she has had a long fascination with the military, particularly the "front line soldier" aspect.

"Sure there's added pressure in being the only female in the Regiment", she says, "but that just makes me more determined to prove myself, and to others in the unit, that I'm a good soldier."

Pte Painchaud says she feels a little uncomfortable with the fact that she has broken tradition by becoming the first female in what to now has been strictly a "man's world"... but she says, "that is not

why I decided to join the Infantry or the Camerons".

"I did it for my own personal reasons and not to become a trail-blazer for other females".

Pte Painchaud says she had been treated well during her time with the Regiment and considers the best compliment she can receive from her fellow soldiers is "to be treated exactly the same as anyone else in the outfit".

Pte Painchaud intends to complete high school and then to go on to university. "The Army Reserves will help pay for that", she says.

Pte Painchaud also intends to vigorously pursue her military development as well, with the view towards someday extending her tradition-breaking role by becoming the first female Infantry Officer in the Manitoba/N.W. Ontario Militia District.

New Chief of Reserves & Cadets

Major-General Frederic Mariage, CD, is the new Chief of Reserves and Cadets. He took over the helm on the 1st of September from Rear-Admiral W.N. (Wally) Fox-Decent, who completed his tour of three years.

Maj.-Gen. Mariage was born on Bone, Algeria, in 1942 and came to Canada as a student in administration in 1965. He began his studies at the Laval University, Quebec City. As he became a citizen of our country he also became an Infantry Officer with the Voltigeurs De Quebec and later the 6e Bataillon Royal 22e Regiment. He became the commander of the Royal 22e Regiment in 1975. In 1980 he was appointed Commander, District #2 du Quebec (Milice). On July 16th, 1990, he was promoted major-general and later appointed to his present position.

As a civilian, Maj.-Gen. Mariage is Director General, Eastern Canada, for MacMillan Bloedel (a multi-national lumber firm based in Vancouver). He is married to the former Odette Grellant and they have three children.

The officers and members of Manitoba/N.W. Ontario Militia District extend our thanks to Rear-Admiral Fox-Decent for his past three years' accomplishments to the Reserves and extend a welcome to our new



Major-General Frederic Mariage, CD, the new Chief of Reserves and Cadets.

Chief of Reserves and Cadets, Maj.-Gen. F. Mariage, CD.

Manitoba/N.W. Militia District
Enquiries
can be made to:

2LT Mike Lagace,
Public Affairs Officer
Tues/Wed 1900 hrs-2200 hrs
786-4329
Minto Armouries, Room 124

*"I want to hear your comments
— good or bad —
to make this section
work for you"*

General Military Training Graduation



WELCOME ABOARD!! GMT CLASS #9003, graduating on the 12th of December 1990. Front row — Officers and trainers of GMT Class #9003. All members will now be training with their respective units. Congratulations from the officers and members of the Manitoba/N.W. Ontario Militia District and attached units. OF NOTE: Garrison Training Company is now involved in training one of the largest Qualifying recruit classes (QL 2) that the district has recently had — 57 new recruits! Could it be all the press we've received lately?

B Foods Promotion



Base Foods would like to "CONGRATULATE" W.O. Bill Borden on his recent promotion. Maj. Kimak and Capt. Crombie were in attendance with the rest of the staff from Base Foods for the presentation. Maj. Kimak presented W.O. Bill Borden with his well deserved rank effective 1 Dec. 90. W.O. Borden has been with Base Foods since Aug. 90. On behalf of Base Foods "CONGRATULATIONS".

♥ Valentine's Dance ♥

Friday, February 15th

8:00 p.m. until 2:00 a.m. JR Ranks (N)

Live Band: Mark Aptekman Band

They've opened for Gowan & Gino Vanelli, as well, they have played in many clubs downtown including *Marbles* and *Moon Cabaret*

DJ Garry Robertston will be there as well.

\$5.00 cover charge at the door

Band comes on at 9:30
Food will be served



MARIGOLD

CHINESE AND AMERICAN DISHES,
FINE DINING & COCKTAILS,
BANQUET FACILITIES AVAILABLE
8 LOCATIONS TO SERVE YOU AT:

245 King St. (Chinatown) — 944-9400	718 Osborne Street — 474-2401
1041 McPhillips — 589-7369	885 Henderson — 661-3135
2591 Portage Avenue — 888-5665	1755 Pembina — 261-9241
487 St. Mary's Road — 233-1453	1380 Ellice — 783-1067

WINTER CAR STORAGE

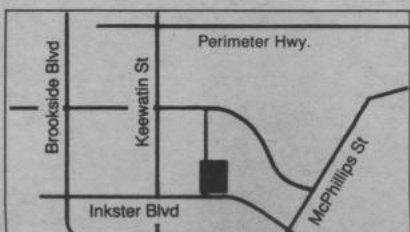
*Military Personnel
SPECIAL \$59 per month

For 10' x 20' private indoor storage unit



Well Constructed
and Secured

Concrete Exterior
Steel/Concrete Dividing Walls
Overhead Doors
Individually Lighted
High & Dry Construction
Fenced Perimeter
Controlled Entry
Security Lighting
Management On-Site
Guard Dog



694-9578

* Must produce military ID to be eligible



Explore
New Career Possibilities!

Challenging
Volunteer Opportunities
await you at Winnipeg's
newest and most modern
health care facility,
Deer Lodge Centre
in St. James.

Volunteers are needed to visit
and help feed residents, assist
with speech therapy, recreation
and day care programs.

Openings are available
daytimes, evenings
or weekends.

For more information, call
Wayne Elliott
837-1301 ext. 2224

You can make
a difference
in someone's life!
Volunteers are
needed at
DEER LODGE CENTRE
in St. James, daytimes,
evenings and weekends.

FOR MORE INFORMATION
CALL
WAYNE ELLIOTT
837-1301, extension 2224

LTC Promotion



LCol Mould, Course Senior CFC 9001, presents Maj Al Harvey, a student at LTC, with his CD.

Le lieutenant-colonel Mould, Doyen du cours CFC 9001, présente la Décoration des Forces canadiennes au major Al Harvey, un étudiant du CFL.

Silver Heights C.C. Winter Carnival

All Westwin residents are invited to attend our Winter Carnival on Feb. 8, 9 & 10. The fun-filled weekend will include 5/6 and 10-year-old hockey tournaments, pre-teen Valentine's dance, pancake breakfast, colouring contest, bake sale, magic show, children's games, Juno nominee Bob King, children's crafts, a multi-national dance display and a snow sculpture contest — something for everyone!

Spring Registration dates for Soccer and Baseball are: Tues.

March 5 and Thurs. March 7 from 6:30 to 8:30 p.m. and Sat. March 9 from 10 a.m. to 2 p.m. Starting with our March registrations, Bingo will subsidize 20% of the registration fees for all club sports. To be eligible, parents will be obligated to work 3 Bingos per child, per sport. At registration, people will choose their nights and pay reduced fees. People who have worked Bingos since last September will be credited with those nights.

SHCC desperately needs a Girls' Softball Convenor, a Vice-President and an Equipment Manager. Would anyone on the base be interested in helping out? Please call Lorne at 837-6818 for more info.

A babysitting course can be set up at SHCC if there are a minimum of 12 youngsters signed up who are or will turn 12 this year. Please call Diane at 885-3020 for more info.

Posting season is here!

We specialize in appliance servicing for your move, we offer a flat rate of \$40.00 plus tax for all your major and electrical appliances. Satisfying Winnipeg and the Military community for over 22 years.

Please, we need 24 hours notice

Supreme Appliance

453-3545 — 453-3555

529 Osborne St., R3L 2B2
Winnipeg

Give your RRSP a star rating.



Added performance, excellent growth, competitive rates, flexibility and high returns. That's the kind of Star Performance you receive with an Astra RRSP.

Plan now to retire richer. Plan on buying your RRSP from Astra Credit Union Limited. We provide instant tax receipts, and all your deposits are fully protected through the Credit Union Stabilization Fund.

Reach for the stars with Astra!



Six Convenient Locations

1907 Portage Ave.	• 888-8690
3149 Portage Ave.	• 885-5518
2255N Ness Ave.	• 889-4437
103B Keewatin St.	• 694-0591
1855 Grant Ave.	• 489-1016
844A McLeod Ave.	• 663-4602

LOANS

available for deposit
to an Astra RRSP
1/4%
below prime

POLO PARK INN

ENJOY THE COMFORT
AND CONVENIENCE OF
ONE OF WINNIPEG'S
NEWEST HOTELS...

SPECIAL ARMED FORCES
RATES STARTING AT

\$40.00

POLO PARK INN
1405 ST. MATTHEWS AVE.

Call: **JANICE M. MORIN**

Sales & Marketing Manager

204-775-8791

Telex: 07-55143

Preparing For Retirement

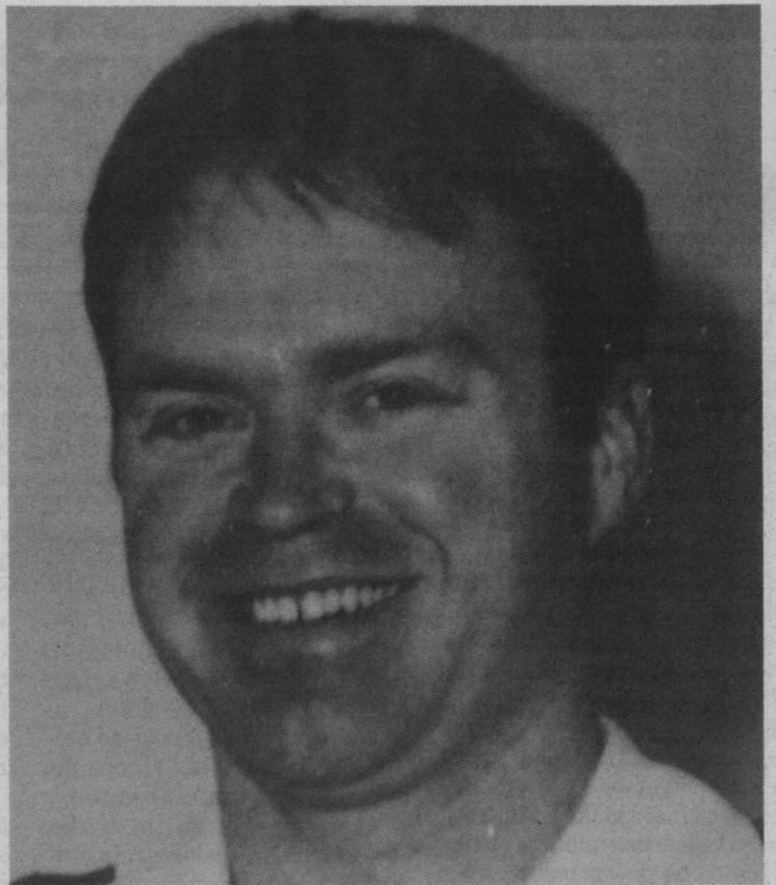
Do you have fifteen or more years of service? Are you about to be released from the CF for medical reasons? If so, you may be asking yourself questions such as:

- How is terminal leave calculated?
- Do I qualify for UIC?
- What things should I look for when buying a home?
- Is my military will adequate?
- How do I start a small business?

These are normal questions which should be asked by anyone within five years of retirement. The answers to these questions, and many more, will be answered at the Second Career Assistance Network (SCAN) seminar to be held on 6 and 7 March 1991, in the CFANS theatre (Building 84). Because retirement affects the entire family, spouses are urged to attend.

The SCAN program is coordinated by Personnel Selection Officers (PSOs). It is designed to provide information to retiring members on issues that will affect them during, and after, their transition to civilian life. This information is disseminated by military and civilian specialists in order to provide the most comprehensive and current advice available. This advice and information is conveyed through three avenues: seminars; workshops; and interviews. Seminars run for two to three days and cover a broad range of topics. Workshops normally take a day or a half-day to complete, and involve a small group discussion on specific topics such as resume writing or job search techniques. These are provided on a demand basis; when we have enough people expressing interest in a given topic, we organize a workshop. Finally, individual counselling is offered to individuals who require a one-on-one session to address their problems or concerns.

Anyone wishing to partake in the upcoming SCAN seminar, or interested in workshops and counselling, must first register with the Base Personnel Selection Office (BPSO) at local 5471.



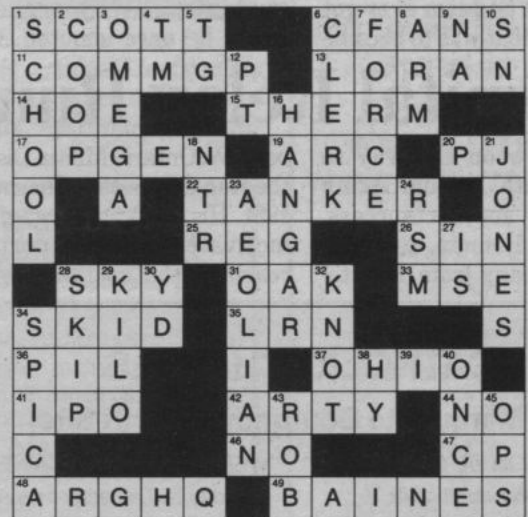
AIRPERSON OF THE MONTH

Cpl Catton is a worthy recipient of the BAMEO Airperson of the Month Award. Randy is an easygoing, quiet person, who is quick to lend a hand or offer helpful assistance. His work in the repair of the low range radar altimeter test facility, well on course in Edmonton brought credit to himself and demonstrated once again that CFB Winnipeg's technicians are the best in the west. Good work and congratulations Randy.



Cpl R.W. Frascch, an Aero Engine Tech on BAME Aircraft Servicing Crew #1 seen receiving a General Safety Commendation from Col. HENAULT RRJ BComd CFB Portage. Cpl Frascch was on Temporary Duty at BAMEO CFB Portage, when, on Aug 16th 1990, he noticed an acrid smell. His immediate investigation revealed smoke and flames emitting from an overhead hangar light. He immediately called "FIRE" and cleared the surrounding area of personnel. He then opened the circuit breakers for the light while his supervisor informed the fire department. Cpl Frascch then proceeded to open the hangar doors to direct and allow firefighters an unobstructed path.

Cpl Frascch's performance during this incident was professional and indicative of his dedication to task and safety. Well done and congratulations on the award from all here at BAMEO, CFB Winnipeg.



POSTED TO EDMONTON?

I specialize in Military relocation. Call me collect for a package of area, mortgage and real estate information.

Canada Trust Realty

Canada Trust Realtor
Val Heuman
457-2424 or 456-6919

CANADIAN FORCES



FORCES CANADIENNES

DID YOU KNOW THAT:

Most SISIP Life Insurance options include

**A LIFE BENEFIT
OF \$7000 PER CHILD.**

Talk to your local SISIP advisor or call 1-800-267-6681

SAVIEZ-VOUS QUE:

La Majorité des options d'assurances sur la vie du rarm contiennent

**UN ASSURANCE DE 7000\$
SUR LA VIE DES ENFANTS À CHARGE.**

Renseignez-vous auprès de votre
avisur local du rarm ou signalez le 1-800-267-6681

ALL ROADS LEAD TO STADIUM FORD



STADIUM FORD BODY SHOP

Winnipeg's newest and most modern body shop with highly trained professional bodymen are eagerly waiting to repair your automobile

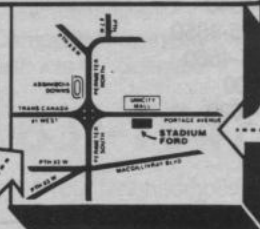
We offer:

- European Paint Booth (most modern in Canada for that factory paint finish)
- All Makes & Models Repaired
- All Work Fully Guaranteed
- New Up-To-Date Premises
- Specialist in solving insurance write-off problems
- Data Liner 80 Laser Frame Straightener

Glen Loewen
Body Shop Mgr.

STADIUM
FORD SALES (1980) LIMITED

3636 PORTAGE AVE. W.
WPG., MAN. PH. 837-3636
TOLL FREE # 1-800-782-0079



ALL ROADS LEAD TO STADIUM FORD

Who is Saddam Hussein?



military christian fellowship
fraternité chrétienne militaire

Dear Friends,

During September, I researched the life of President Saddam Hussein of Iraq. My enquiries took me to the British Military Academy, Sandhurst, where considerable research is going on concerning military leadership in several nations.

Orphaned at the age of nine months, Saddam's life has been a catalogue of disappointment, violence and ruthlessness. He lived 160 kilometers North of Baghdad, the son of a peasant farmer and his wife. When they died, young Saddam went to live with his uncle, an officer in the Iraqi army, where he learned military tactics, intrigue and power politics even though he did not go to school until he was nine years old.

Saddam's main ambition was to become an officer in Iraq's army and he became bitterly disappointed when rejected by the authorities at Baghdad's elite Military Academy.

The nearest Saddam ever got to military combat was to become

an assassin in the rebellious Baath party who in the 1960's sought to overthrow the military leader Abdul Kassem. Saddam was appointed to the murderous team who riddled the General's car with machine-gun bullets; amazingly the General survived. Loyal troops pursued the assassins, killing some and wounding Saddam in the left leg.

Saddam later recounted how he escaped and hid and dug the bullet out of his leg using a razor dipped in iodine. Then he described how he disguised himself as a bedouin tribesman, swam the Euphrates then stole a donkey and crossed the Syrian desert, finally seeking refuge in Egypt where, in due course, he somehow met Colonel Nasser, who quickly recognised Saddam as a fellow "Pan Arab", and further encouraged the young man by sponsoring him at law school in Cairo.

Saddam's studies were short-lived and he lost patience with the endless debates of his fellow students... "Why argue with him?" he once shouted... "Why

not take a gun and shoot him?" This was his attitude for the next fifteen years, and when he returned to Iraq he began recruiting fighters for militia attached to the Baath party in Baghdad.

In 1968 the Baath party, having overthrown the government, led Iraq through changing times; Saddam was deftly working his way up the ladder of government until in 1979 he was 'number 2' in the Nation of Iraq. Before long, the President retired as an elderly man and Saddam became President!

Two of his early actions were to appoint himself General and to execute twenty-one of the cabinet on charges of treason! He had met the Ayatollah Khomeini shortly after Khomeini came to power in Iran. The Ayatollah accused Saddam of blasphemy in the Muslim faith... (The Ayatollah is a Shiite Muslim whilst Saddam is a Suni Muslim). In 1980, relations between Iran and Iraq got worse until later that year, Saddam declared war on Iran.

Iraq was vastly superior in

military strength and weapons, but Iran fought hard. Saddam's army of nearly a million was humiliated as war dragged on for years; then Saddam used deadly nerve gas, condemning thousands of Iranians to agony and death. When a few years later, his own people rose up against him, Saddam bombed their villages with the same agonizing weapon, killing thousands.

After eight years the Iran-Iraq war ended in stalemate, and Saddam had an army of a million men and a tattered economy. What do you do with an army that size? Saddam used them to fight Kuwait and restore his Nation's economy, incurring the World's condemnation.

Saddam Hussein is an Arab, a descendant of Abraham. The first Arab was Abraham's illegitimate son Ishmael. Just before Ishmael was born, an angel came to Hagar his mother and said "... he will be a wild donkey of a man, his hand will be against every man, and every man's hand will be against him...". What a very appropriate description of today's most notorious Arab, Saddam Hussein.

Although many nations have assassination plans for Saddam, the Lord would rather not the

death of a sinner, but that he should turn from his wickedness and live. I pray that Saddam might come to know the one true God through the Lord Jesus Christ who came to save sinners, like you and me, and Saddam Hussein.

The next phase of my research centred around Saddam's hero, King Nebuchadnezzar. Like him, Saddam wants to lead Jerusalem into captivity. I wonder if he knows that Nebuchadnezzar finally came to know the one true God. He too was a 'wild donkey', and spent seven years eating grass. (See Daniel Ch 4: vs 33-37). The account ends with, "Now I, Nebuchadnezzar, praise, exalt, and honour The King of Heaven, for all His works are true and His ways just, and He is able to humble those who walk in pride."

I too, praise, exalt and honour the same Living God of Abraham, and pray that He would bring Saddam Hussein to a saving knowledge of Himself in the same way He brought Nebuchadnezzar to salvation so long ago.

Christian Greeting as always,

Peter R. White
Joy Today
Bath, England

Hospital Relay Run

We are now on the way to making the 5th Annual Army Run for Kids another success. Captain R.C. Lennox, the 17th Medical Company from Manito-

ba/N.W. Ontario Militia District is the Run Committee Chairman for 1991. His ability to organize and motivate will be important in reaching the goal of raising an

estimated \$15,000.00 for the Children's Hospital Research Foundation.

In the planning are two gigantic Flea Markets at Minto Armouries followed by the relay run in May. All proceeds from these events will go towards the Children's Hospital.

The Run began in 1987 with a

team of 16 members starting from Thunder Bay and finishing in Winnipeg. The run now takes place entirely within Manitoba. The route winds its way through more than 65 communities. The relay team will cover 1500 kilometers during the 24 hour a day, six day long run. Regular force and reserve members working

out of Minto Armouries, augmented by members of the 2nd Battalion Princess Patricia Canadian Light Infantry, will make up this year's team.

This annual event not only assists a very worthwhile cause, it also shows the people of Manitoba that regular and reserve members of the Canadian Forces care deeply about the community they live in. It's hoped Premier Gary Filmon will again bid the runners good luck and good weather as they leave the legislature at the start of their journey. The run will finish with the entire team jogging on stage on the last day of the Children's Telethon, hosted by CBC. With the ability of Captain Brian Koshul, the District Paffo, we should be able to score a good 10 minutes of live television for our runners once again. The CBC trying only giving us 45 seconds, but somehow Brian steals the rest from them... we're counting on you, Brian...

CATHOLIC CHAPELS

St. Marguerite Bourgeoys (North Site)

WEEKENDS/FIN DE SEMAINE	WEEKDAYS/EN SEMAINE
Saturday: 1700 hrs/English	Monday to Thursday inclusive
Samedi: 1900 hrs/Français	Du lundi au jeudi
Sunday/Dimanches:	inclusivement
1115 hrs/English	1700 hrs

St. George (South Site)

SUNDAYS	WEEKDAYS
10:00 a.m.	Wed: 7:00 p.m.

PROTESTANT CHAPELS

The Chapel of the Good Shepherd (North Site)

1st Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Holy Communion

2nd Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship

3rd Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship

4th Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship

5th Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship

St. Andrew (South Site)

Sunday Service 10:00 a.m.
Sunday School 10:20 a.m.

FRIENDS™

A quality introduction service for all ages.

MEET THAT SPECIAL PERSON!

- confidential services
- regular pre-screened referrals
- matches based on your priorities
- visa accepted

575 Academy Rd. 488-3009

SERVICE RSP

SRSP INTEREST BONUS

1/4% interest bonus on new investment certificate purchases and renewals, and a premium rate on savings deposits.

+ 1/4% BONUS

You can earn an even higher rate on one to five year RSP investment certificates from January 1 to March 1, 1991. We're paying a 1/4% bonus on new and renewing certificates each year that you maintain a balance of \$10,000 or more in a Canada Trust personal savings or chequing account during the term of your certificate.

+ 1/2% TRANSFER BONUS

From January 1 to March 1, 1991, when you transfer an RSP to Canada Trust, you'll receive an interest bonus of \$5 for every \$1,000 transferred up to \$500 — that's equivalent to 1/2% bonus for one year on amounts up to \$100,000.

+ 90 DAYS, NO PAY LOANS

We'll lend you the money to make your RSP deposit right on the spot, and with only your signature required. If you use your tax refund to pay off your loan, our 90 days no pay feature is ideal. Interest accrues, however, there's no payment for 90 days.

INSTANT TAX RECEIPTS

Your tax receipt is issued when you make your deposit — not days or weeks later.



*For terms and conditions contact:

Canada Trust Realty

OPEN 8 AM TO 8 PM MON TO FRI; SATURDAYS 9 AM TO 5 PM

Winnipeg

Portage at Cavalier 985-4570
Portage at Fort 985-4480*
St. Mary's Rd. at Riel 985-4540
Henderson Hwy. at Oakland 985-4550
McPhillips north of Inkster 985-4560
Corydon at Wilton 985-4400
Corydon at Edgeland 985-4620

Brandon
727-6459

* not open hours shown



Welcome...

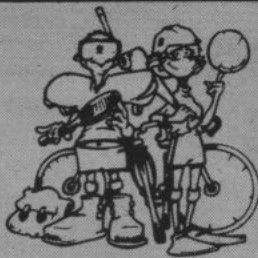
ST. JAMES LEGION

BRANCH No. 4
ROYAL CANADIAN LEGION
1755 PORTAGE AVE.
WINNIPEG, MANITOBA

BINGO
EVERY WED.-FRI. & SAT. 8 P.M.

DANCING
TO LIVE BANDS
THUR - 8:30 P.M. - 12 A.M.
FRI & SAT. 9 P.M. - 1 A.M.

MEAT DRAWS
EVERY SAT. 2 P.M.-5 P.M.



SPORTS ANNOUNCEMENTS

1991 CFB Wpg. Curling Team



CHAMPIONS

L-R
Skip MWO Klein
Third MWO Schnider
Second WO Brown —
Lead WO Dostie



RUNNERS UP

L-R
Skip MWO Brydges
Third Lt (N) Ashley
Second WO Pruden
Lead CPO2 Spring

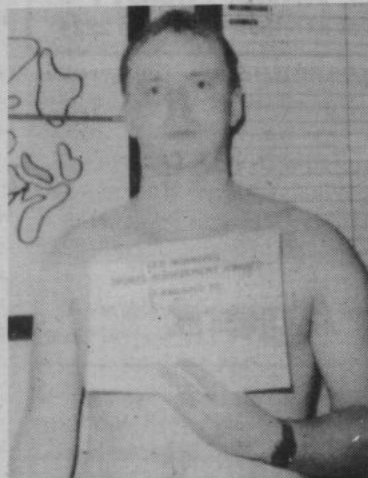
Congratulations to skip MWO Klein, third MWO Schneider, second WO Brown and lead WO Dostie who compiled a 5-1 record over the three days to earn the title of CFB Winnipeg Curling Champions.

They now will compete at CFB

Portage la Prairie 28 Feb-01 Mar 91 at the Prairie Region Championship. The National competition this year will be held 18-22 Mar 91 at CFS Carp.

All participating teams are to be commended on their level of play, sportsmanship and durability over the forty plus ends.

Coast to Coast Swim



Maj V.A. French, DCOS Maint, poses with his 150 and 200 mile swimming certificates, indicating the distance he has personally swum, and is his contribution to the Base Swim Program and its overall goal to Swim Coast to Coast. Congratulations and continued success with your fitness through swimming.

P.S. The Coast to Coast Swim started in Victoria, B.C. and is now nearing the coast of Newfoundland.



Sgt JRS Lafontaine of PR HQ receives his certificate for 50 miles of swimming toward the Coast to Coast Swim. Well done, Sergeant.

ATTENTION LADIES

BONNIE BONNET BONSPIEL
FEB. 20-23, 1991

Open to all curlers. \$80.00 entry fee. 3-game guarantee, plus banquet, pick a prize & entertainment. Evening curling only WED., THURS. & FRI. Draws all day SAT. Come one & all! First 32 entries accepted. Deadline FEB. 7, 1991. All games at F.O.B.

GRANNIE SPIEL
MARCH 14, 1991

12:30 P.M. F.O.B. \$8.50 entry fee. 4 ends of curling, refreshment break, 4 more ends of curling. Lunch & pick a prize. Prize for best GRANNIE COSTUME.

If you are a new grannie, please contact BRENDA JAHNS # 453-8561 after 5 P.M.

Parents & Tots

Registration Day
Sat. 9 Feb 91

09:00-12:00 — Westwin
13:30-16:00 — Lipsett

Tots: walking to five yrs old.
: a parent per child

Start Day

16 Feb 91 - 17 Mar 91

Westwin Pool *09:00-10:00

or

Lipsett Pool 15:30-16:30

Sat. & Sun. Only

* Timings will be set by a consensus

Cost & G.S.T.
\$10.70

For More Info. Contact
Aquatic Supervisor
Local 5511, Bldg. 90

RED CROSS ADULT LEARN TO SWIM

LEVELS

Beginner — Intermediate — Advanced
Open to Military and Rec. Assoc. Members

WESTWIN

Monday 18:00-20:00
Wednesday 18:00-20:00

LIPSETT

Tuesday 18:00-20:00
Thursday 18:00-20:00

COST + GST

\$16.05 PER PERSON

REGISTRATION DAY

26 Jan. 91 - Westwin 09:00-12:00
26 Jan. 91 - Lipsett 13:30-16:00

WESTWIN POOL

Start: 4 Feb. 91 Finish: 6 March 91

LIPSETT HALL POOL

Start: 5 Feb. 91 Finish: 7 March 91

FOR MORE INFORMATION CONTACT THE AQUATIC SUPERVISOR LOC. 5511

BRONZE MEDALLION

Open to Military Rec. Assoc. Members Only

REGISTRATION DAY

Westwin: 23 Jan 91 09:00-12:00
Lipsett: 23 Jan 91 13:30-16:00

COST + GST

\$48.15 PER PERSON

START DAY & TIME

WESTWIN:

6 Feb. 91 — 9 Mar. 91
Wed. 20-21:00, Fri. 18-20:00, Sat. 10-12:00

LIPSETT:

6 Feb. 91 — 10 Mar. 91
Wed. 20-21:00, Sat. 10-12:00, Sun. 10-12:00

*A minimum of 5 students per class are required to run this course.

TEST DAY WILL BE ANNOUNCED

COST + GST OF EXAM:
\$9.63 PER PERSON

For more information contact the Aquatic Supervisor Local 5511 Bldg. 90



BINGO — Every Mon. Wed. Fri. 8 PM
Crib night every Thursday at 2000 hrs.
Join us for six meat draws made each Saturday at 1500 hrs.

DANCING Friday & Saturday Evening
CANADIAN FORCES PERSONNEL WELCOME
Army, Navy & Air Force Veterans in Canada

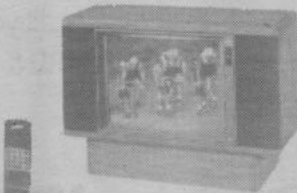
ASSINIBOIA UNIT NO. 283

3297 Portage Ave., R3K 0W7
Opposite Westwood Shopping Centre

THE FRIENDLY CLUB

ST. JAMES TV

SALES & SERVICE



- COMPLETE SERVICE TO ALL: MAKES
- FREE IN-STORE ESTIMATES
- TELEVISION
- VCR

888-1189 The quality goes in before the name goes on! 837-9554
2727 PORTAGE AVENUE — COURTS OF ST. JAMES

BADMINTON BASE PLAY-DOWN

The Base Badminton Play-down will be held at Lipsett Hall on Fri 15th Feb. 91 commencing at 0900. Qualifying players will be asked to compete at the PR Badminton Champ. from 25 - 28 Mar. 91, at CFB Edmonton.

This year's CF National competition is scheduled for 22 - 27 Apr. 91 at CFB Greenwood.

Those personnel interested in competing at the play-down are asked to contact Sgt Paul Best — 5514.

« CATEGORIES »

- Open — (4) 34yrs & under
- Senior — (2) 35 - 44yrs
- Master — (2) 45 yrs & older
- Female — (2) open age

Enjoy the Fun of Badminton

COUNTRY VIDEO HOME MOVIES

2251 Ness (At Whytefold)

- Fast, friendly service
- Large selection (over 2,500 movies)
- Multiple copies of new releases
- Convenient location
- Competitive everyday prices, with lots of "Specials"

831-7947

"Your Neighborhood Video Store"

"I can help you choose the RRSP that's right for you."

"The Mutual Group has a full range of Registered Retirement Savings Plan investments. Let me help you make the choice that's best for your needs. For personal service, call me."

Dave Anton
Bus: 775-2501
Res: 895-8822

The Mutual Group
Facing Tomorrow Together

Licensed with Mutual Life of Canada/Mutual Investco Inc., two of The Mutual Group

CLASSIFIEDS

EVERYBODY'S MARKETPLACE



Accommodation

House for Rent — Charleswood — 3 bedroom, 1½ baths, finished basement, stove/fridge, large treed lot. Close to schools and shopping. References required. No pets. Immediate possession. \$775 asking plus utilities. Ph: 832-5381.



Vehicles For Sale

For Sale — 1974 PONTIAC VENTURA, good reliable transportation. V-8 Auto, line heater, internal heater and battery heater. \$350 OBO. Ph: 831-8781.



Misc. For Sale

For Sale — One set of dry cleaned LR CUSTOM MADE MED/WHITE IVORY SHEARS, 8' x 19', very good condition \$450. Price negotiable. Two RUGS, 11' x 9' powder blue, dry cleaned \$40, and one 9' x 9' beige, dry cleaned \$60. Both ideal for basement, child's room or cottage. Ph: 889-4442.

For Sale — One Moffat DRYER, 4½ mo. old. \$425 OBO. One ELECTRIC LAWNMOWER, 4½ mo. old, used only twice. \$100 OBO. Ph: MCpl Rostron at 832-4489 after 4:30.

For Sale — ¾ length MUSKRAT & FOX COAT with MUSKRAT HAT, size 14, \$700 OBO. Ph: 489-9389.

A little of your time can make a world of difference to the elderly residents of Deer Lodge Centre in St. James.

A wide range of interesting volunteer opportunities are available, daytime, evenings and weekends.

FOR MORE INFORMATION CALL WAYNE ELLIOTT at 837-1301, extension 2224

Valentine's Day Feb. 14



Krissy's Flower Boutique

Valentine's Day Specials!

- ♥ Fresh Roses \$32.99 Doz. Incl. Baby's Breath & Fern. Boxed & Nicely Wrapped.
- ♥ Fresh Carnations \$7.99 Doz. Incl. Baby's Breath & Fern. Also Nicely Wrapped.
- ♥ Single Roses in Vase \$7.99 \$3.00 for each add. Rose.
- ♥ Helium Valentine Balloons Cheese, Fruit or Chocolate Baskets. Specials also on arranged flowers.



10% off for all CFB Personnel — Wire Services also avail. — City Wide Delivery

2082 Ness at Mount Royal 837-9854
(Hrs: Mon-Fri 9:30-6:00 pm, Sat 10:00-3:00 pm)



Patrick Insurance Services Ltd.

Authorized AUTOPAC Agent

AVOID THE RUSH RENEW YOUR AUTOPAC NOW!!

Mail it in to our office. We will be glad to process it for you

Open extended hours for your convenience

2003 Portage Avenue 837-1366

"Serving satisfied customers for 36 years"

CHAPMAN GOODARD KAGAN TALLIN & KRISTJANSSON
LAWYERS AND NOTARIES

1864 Portage Avenue, Winnipeg, Manitoba R3J 0H2 Phone: 888-7973

George E. Chapman
Donna G. Kagan

George A. Derwin
Alan R. Goddard
Kelly P. Land

A.F. Kristjansson
Bryan J. Peters

G.T. CHAPMAN, Q.C. (1923-1985)
C.K. TALLIN, Q.C. (1932-1985)

Representing Buyers & Sellers of Real Estate in the St. James Area for over 60 Years.

Donut Palace

"Fresh Baked Daily"

SPECIALIZING IN: A Wide Variety of Donuts, Pastries, Sweet Buns

CHEF'S SPECIAL: Soup, Sandwiches, Tea, Coffee & Hot Chocolate

Open 24 Hours Daily • 3263 Portage Ave.

REAL ESTATE DIRECTORY



RE/MAX

real estate inc.

(204) 837-7000 24 hrs.

300-3025 portage avenue, winnipeg, mb r3k 2e2

• knowledge • integrity • service • satisfaction •



orv malcomson, CD



Professional Real Estate Service Coast to Coast

Pearl Langen

REMAX REAL ESTATE INC.
300-3025 Portage Ave.
Winnipeg, Manitoba R3K 2E2
Bus: (204) 837-7000 — 24 hrs.
Res: (204) 837-6397



For Complete Real Estate Services Coast to Coast



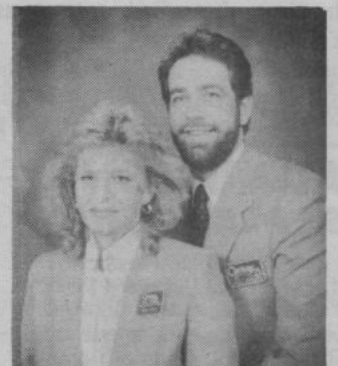
Call Mary or Grant Clements C.D., FRI
RCAF/CAF RETIRED



RE/MAX REAL ESTATE INC.
4910 Roblin Blvd., Winnipeg, Manitoba
885-5948 (24 hours) Office — 895-9036 Res.

Century 21

POWER REALTY INC.



Richard & Clara Mitchell

- Military Postings Our Specialty
 - Residential, Investment & Commercial Real Estate
 - VIP™ Relocation Service
 - For all your real estate needs put the winning team to work for you!
- RICHARD & CLARA MITCHELL — CALL FOR AN EVALUATION OF YOUR HOME**

(204) 452-5252 — 24 Hours



THE LARGEST REAL ESTATE ORGANIZATION IN THE WORLD. EACH OFFICE IS INDEPENDENTLY OWNED AND OPERATED. and (TM) trademarks of Century 21 Real Estate Corporation.

