

402 SQUADRON'S

Monthly Growl



UPCOMING SQUADRON EVENTS



- ◆ 13 May. ACSO+AESOP 2401 Meet and Greet (Wobbly Prop)
- ◆ 20 May. Victoria Day (stat)
- ◆ 24 May. Maintenance Day



UPCOMING WING EVENTS



- ◆ 16 May. PSP Lunch and Learn (Healthy Eating Workshop)
- ◆ 25 May. Annual "Ride for Dad" Motorcycle Ride
- ◆ 29 May. MFRC Info Connect (Newly Posted Meet n' Greet)
- ◆ 31 May. 17 Wing RCAF Run



UPCOMING LOCAL EVENTS



- ◆ 17-20 May. Manito Ahbee Indigenous Festival @ Red River Ex
- ◆ 18 May. Dinosaur World Live! @ Burton Cummings Theatre
- ◆ 25-26 May. Manitoba Food Truck Battles @ Downs



FITNESS, HEALTH & WELLNESS



- ◆ Course PT Clash Champions: ACSO 2302 again! (Next event: 24 May)
- ◆ 17 Wg Wellness Challenge: Most points in March - 2Lt Cracknell (162)
- ◆ Grizzly Golf (*The 402 Slicers*): First game - 04 June

'TIS THE SEASON



**MENTAL HEALTH
AWARENESS MONTH**